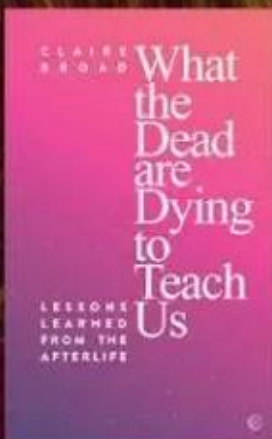


# Claire Broad

skeptiko #427



## Skeptiko Topics:

Consciousness Science  
Parapsychology  
Near-Death Experience  
Spirituality  
Skeptics/Skepticism  
Psi  
Psychics & Mediums  
Atheism  
UFO  
Neuroscience  
Conspiracy Theories  
Contactee Experience  
OBE

1  
00:00:09,259 --> 00:00:07,639  
welcome to skeptical where we explore

2  
00:00:11,870 --> 00:00:09,269  
controversial science and spirituality

3  
00:00:14,509 --> 00:00:11,880  
with leading researchers thinkers and

4  
00:00:17,540 --> 00:00:14,519  
their critics I'm your host Alex Karras

5  
00:00:21,019 --> 00:00:17,550  
and I have to admit that I'm always a

6  
00:00:23,630 --> 00:00:21,029  
little bit nervous before I interview

7  
00:00:26,089 --> 00:00:23,640  
psychics and mediums I don't know I

8  
00:00:27,679 --> 00:00:26,099  
guess I feel a little bit exposed or

9  
00:00:29,089 --> 00:00:27,689  
something like they're gonna read my

10  
00:00:31,700 --> 00:00:29,099  
mind and even though they tell me they

11  
00:00:34,040 --> 00:00:31,710  
don't do that and they're not on all the

12  
00:00:36,860 --> 00:00:34,050  
time I always have my doubts

13  
00:00:39,950 --> 00:00:36,870

maybe that's why when watkins publishing

14

00:00:43,580 --> 00:00:39,960

contacted me about this new book from

15

00:00:45,799 --> 00:00:43,590

today's guest Claire broad I hesitated

16

00:00:50,150 --> 00:00:45,809

but the truth is I was also instantly

17

00:00:52,990 --> 00:00:50,160

intrigued by this really quite amazing

18

00:00:56,630 --> 00:00:53,000

medium and her desire to find a

19

00:00:59,540 --> 00:00:56,640

scientific understanding for all these

20

00:01:02,569 --> 00:00:59,550

many incredible experiences she's had in

21

00:01:05,030 --> 00:01:02,579

her life and how that led to her

22

00:01:08,929 --> 00:01:05,040

becoming a medium a much sought-after

23

00:01:12,109 --> 00:01:08,939

and respected medium so Claire welcome

24

00:01:16,429 --> 00:01:12,119

thanks so much for joining me thank you

25

00:01:19,700 --> 00:01:16,439

Alex it's great to be here Claire has an

26

00:01:22,820 --> 00:01:19,710

absolutely terrific new book out with a

27

00:01:25,999 --> 00:01:22,830

kind of cheeky title what what the dead

28

00:01:27,770 --> 00:01:26,009

are dying to teach us so we're gonna

29

00:01:31,310 --> 00:01:27,780

talk a lot about that because it really

30

00:01:34,130 --> 00:01:31,320

does answer so many questions that I had

31

00:01:35,810 --> 00:01:34,140

going in I mean I kind of hit her and

32

00:01:37,940 --> 00:01:35,820

her publicist pretty hard saying hey I

33

00:01:39,380 --> 00:01:37,950

don't do book interviews and I got

34

00:01:42,590 --> 00:01:39,390

through the book I was like man I got to

35

00:01:47,120 --> 00:01:42,600

do a book interview good oh that's a

36

00:01:49,670 --> 00:01:47,130

compliment but you know you're also you

37

00:01:53,990 --> 00:01:49,680

kind of understand the skeptical inquiry

38

00:01:56,539 --> 00:01:54,000

to perpetuate doubt vibe so you're open

39

00:02:00,590 --> 00:01:56,549

to that and we might go some other

40

00:02:03,530 --> 00:02:00,600

places yeah all of that I'm questioning

41

00:02:06,039 --> 00:02:03,540

just as much as anyone else so I get the

42

00:02:10,699 --> 00:02:06,049

hold out thing I've had it in buckets

43

00:02:13,820 --> 00:02:10,709

great great well you know I think doubt

44

00:02:15,650 --> 00:02:13,830

is a very spiritual thing

45

00:02:17,150 --> 00:02:15,660

and I think it's much more of a

46

00:02:19,400 --> 00:02:17,160

spiritual thing than faith but that

47

00:02:22,400 --> 00:02:19,410

might be something we talk about more so

48

00:02:25,490 --> 00:02:22,410

this new book it's great you've also

49

00:02:27,890 --> 00:02:25,500

written another book actually a

50

00:02:32,420 --> 00:02:27,900

best-selling book answers from heaven

51  
00:02:36,350 --> 00:02:32,430  
you wrote that with Teresa Chung so

52  
00:02:39,020 --> 00:02:36,360  
you're a pro at this right well I

53  
00:02:42,380 --> 00:02:39,030  
wouldn't say that in the book I've just

54  
00:02:44,750 --> 00:02:42,390  
written I explained how I did not ever

55  
00:02:48,110 --> 00:02:44,760  
see myself as a writer it wasn't

56  
00:02:51,170 --> 00:02:48,120  
something that was even on my radar is

57  
00:02:53,330 --> 00:02:51,180  
something that I thought I would do

58  
00:02:56,360 --> 00:02:53,340  
I kept receiving messages from different

59  
00:03:00,050 --> 00:02:56,370  
mediums and spiritual practitioners for

60  
00:03:02,330 --> 00:03:00,060  
the last 23 years telling me that I had

61  
00:03:05,510 --> 00:03:02,340  
come here to write books and I scoff to

62  
00:03:07,370 --> 00:03:05,520  
be honest it wasn't until answers from

63  
00:03:09,710 --> 00:03:07,380

heaven came along because the Teresa

64

00:03:13,100 --> 00:03:09,720

Chun who is a Sunday Times bestselling

65

00:03:16,070 --> 00:03:13,110

author and a Cambridge college graduate

66

00:03:18,229 --> 00:03:16,080

in theology when she approached me

67

00:03:20,000 --> 00:03:18,239

asking for help to try and understand

68

00:03:22,100 --> 00:03:20,010

this minefield of a subject which is

69

00:03:23,750 --> 00:03:22,110

mediumship and after-death communication

70

00:03:26,420 --> 00:03:23,760

there wasn't till that happened that I

71

00:03:28,010 --> 00:03:26,430

took it seriously I dismiss those

72

00:03:29,240 --> 00:03:28,020

messages for all those years and then

73

00:03:32,390 --> 00:03:29,250

suddenly I was like aha

74

00:03:34,310 --> 00:03:32,400

okay there's something in this so the

75

00:03:35,840 --> 00:03:34,320

first book was really an introduction it

76

00:03:37,100 --> 00:03:35,850

was great because I was working with dr.

77

00:03:39,500 --> 00:03:37,110

Julie boy's chelonian

78

00:03:43,970 --> 00:03:39,510

who we all know on skeptical a skeptic

79

00:03:45,979 --> 00:03:43,980

oh as you know a mediumship scientist

80

00:03:49,520 --> 00:03:45,989

almost all the deaths come after death

81

00:03:51,620 --> 00:03:49,530

communication scientist and Teresa Chung

82

00:03:54,560 --> 00:03:51,630

so it's an introduction to mediumship

83

00:03:56,210 --> 00:03:54,570

but this second book I feel is the one

84

00:03:58,010 --> 00:03:56,220

where there's a bit more meat on the

85

00:04:00,170 --> 00:03:58,020

bone because it not only talks about

86

00:04:02,930 --> 00:04:00,180

science but talks about my experiences

87

00:04:05,420 --> 00:04:02,940

and gets much more into it rather than

88

00:04:07,000 --> 00:04:05,430

the first book which was an introduction

89

00:04:09,410 --> 00:04:07,010

to if that makes sense

90

00:04:16,130 --> 00:04:09,420

well it does to me because I'm familiar

91

00:04:19,310 --> 00:04:16,140

with the books not to pump books I think

92

00:04:21,979 --> 00:04:19,320

we want to do was no it's it's a

93

00:04:23,600 --> 00:04:21,989

fantastic book and you really do I love

94

00:04:27,070 --> 00:04:23,610

the way that you interweave these

95

00:04:30,600 --> 00:04:27,080

stories about your life and your expense

96

00:04:33,430 --> 00:04:30,610

is because we see the whole thing

97

00:04:34,869 --> 00:04:33,440

evolved for you I mean what you said at

98

00:04:36,999 --> 00:04:34,879

the beginning I got to tell you people

99

00:04:41,290 --> 00:04:37,009

are going to hear that in it sounds so

100

00:04:47,649 --> 00:04:44,740

all my life mediums have been telling me

101

00:04:51,189 --> 00:04:47,659

I will write a book for the spirit world

102

00:04:54,119 --> 00:04:51,199

you know but then your story unfolds you

103

00:04:56,710 --> 00:04:54,129

know four years old you're having

104

00:04:58,719 --> 00:04:56,720

experiences in your at the grave of your

105

00:05:01,629 --> 00:04:58,729

not forget your grandmother your

106

00:05:03,339 --> 00:05:01,639

grandfather yeah grandfather announcing

107

00:05:05,640 --> 00:05:03,349

to the everyone around you know like

108

00:05:08,680 --> 00:05:05,650

only a four-year-old could you know

109

00:05:11,230 --> 00:05:08,690

dreams and all these really

110

00:05:15,159 --> 00:05:11,240

extraordinary experiences that you have

111

00:05:19,059 --> 00:05:15,169

in it's not that you weave that into

112

00:05:21,399 --> 00:05:19,069

some story you just tell the story and I

113

00:05:25,740 --> 00:05:21,409

think the reader is left with well of

114

00:05:29,050 --> 00:05:25,750

course this this person is on a mission

115

00:05:32,170 --> 00:05:29,060

well that's the thing I I'm not what I

116

00:05:34,809 --> 00:05:32,180

really don't want anyone to do who sees

117

00:05:36,219 --> 00:05:34,819

my work or you know looks into the books

118

00:05:38,200 --> 00:05:36,229

or whatever I took you know even

119

00:05:40,510 --> 00:05:38,210

listening to this I don't want anyone to

120

00:05:41,890 --> 00:05:40,520

believe me beliefs like you were saying

121

00:05:43,930 --> 00:05:41,900

earlier I don't know that's the last

122

00:05:46,330 --> 00:05:43,940

thing I want I'm trying to encourage

123

00:05:48,249 --> 00:05:46,340

people to explore for themselves because

124

00:05:51,100 --> 00:05:48,259

that's what I've had to do so basically

125

00:05:53,350 --> 00:05:51,110

what I tried to do was just this is my

126

00:05:56,350 --> 00:05:53,360

truth this has happened to me

127

00:06:00,010 --> 00:05:56,360

these experience as if the experiences

128

00:06:04,420 --> 00:06:00,020

that I've had a part of human experience

129

00:06:07,089 --> 00:06:04,430

I'm not crazy I'm not insane and so how

130

00:06:08,290 --> 00:06:07,099

do I understand this and if anywhere

131

00:06:11,409 --> 00:06:08,300

along the line sharing these stories

132

00:06:14,200 --> 00:06:11,419

brings people any hope or gives them any

133

00:06:15,519 --> 00:06:14,210

clearer idea about their own lives or if

134

00:06:18,610 --> 00:06:15,529

they're just questioning and curious

135

00:06:21,040 --> 00:06:18,620

like I am then great and I just feel I

136

00:06:23,559 --> 00:06:21,050

know it sounds trite but when you've

137

00:06:25,930 --> 00:06:23,569

been given so many messages over so many

138

00:06:28,390 --> 00:06:25,940

years by people who don't know you at

139

00:06:32,890 --> 00:06:28,400

all all saying exactly the same thing

140

00:06:36,459 --> 00:06:32,900

and then when it plays out as a person

141

00:06:37,839 --> 00:06:36,469

who is you know intelligent as I am you

142

00:06:39,189 --> 00:06:37,849

know in the end you have to question

143

00:06:41,110 --> 00:06:39,199

whether there's something in there

144

00:06:43,420 --> 00:06:41,120

these people didn't know each other they

145

00:06:45,760 --> 00:06:43,430

don't know me there was no need for them

146

00:06:48,459 --> 00:06:45,770

to give me these messages and they were

147

00:06:50,320 --> 00:06:48,469

so specific even down to the date that I

148

00:06:53,619 --> 00:06:50,330

would start writing the way it would

149

00:06:55,809 --> 00:06:53,629

happen you know it just blew literally

150

00:06:58,420 --> 00:06:55,819

blew my mind and I write in in what the

151  
00:07:00,519 --> 00:06:58,430  
deadlines of teachers that you know it

152  
00:07:02,679 --> 00:07:00,529  
was I doubted for years even though I

153  
00:07:05,080 --> 00:07:02,689  
was you know exploring after death

154  
00:07:06,909 --> 00:07:05,090  
communication but in that moment I just

155  
00:07:09,070 --> 00:07:06,919  
knew come on now you've got to own your

156  
00:07:10,779 --> 00:07:09,080  
truth I don't know about you Alex but

157  
00:07:13,980 --> 00:07:10,789  
I've got someone always over the back of

158  
00:07:18,219 --> 00:07:13,990  
my shoulders some some almost like this

159  
00:07:20,499 --> 00:07:18,229  
non peace non-physical voice that is

160  
00:07:22,719 --> 00:07:20,509  
from the human world telling me you've

161  
00:07:23,950 --> 00:07:22,729  
got it wrong you're delusional you know

162  
00:07:26,140 --> 00:07:23,960  
and you're leading people down the

163  
00:07:27,999 --> 00:07:26,150

garden path here and you know

164

00:07:30,939 --> 00:07:28,009

materialistic science knows there's

165

00:07:33,550 --> 00:07:30,949

nothing in this and you know that this

166

00:07:36,909 --> 00:07:33,560

is always nagging away at me here don't

167

00:07:39,059 --> 00:07:36,919

don't do the wrong thing but there comes

168

00:07:42,070 --> 00:07:39,069

this point when of it I had to realize

169

00:07:44,529 --> 00:07:42,080

no one's got the answers and I've had

170

00:07:47,499 --> 00:07:44,539

these experiences and they're valuable

171

00:07:50,769 --> 00:07:47,509

they helped me and they help others so

172

00:07:53,860 --> 00:07:50,779

let's just own them and and start a

173

00:07:56,079 --> 00:07:53,870

conversation you know because I'm not

174

00:07:59,409 --> 00:07:56,089

daft and I'm not fraudulent so what's

175

00:08:01,570 --> 00:07:59,419

going on good enough and you know I just

176  
00:08:02,649 --> 00:08:01,580  
would make one more comment about the

177  
00:08:05,139 --> 00:08:02,659  
book and then I'm going to play my

178  
00:08:06,790 --> 00:08:05,149  
little skeptical jeopardy game that I

179  
00:08:11,649 --> 00:08:06,800  
like to play well you can pick the

180  
00:08:14,409 --> 00:08:11,659  
categories but you'd go to great lengths

181  
00:08:17,769 --> 00:08:14,419  
to incorporate in a lot of frontier

182  
00:08:19,989 --> 00:08:17,779  
science in the book so people are going

183  
00:08:23,139 --> 00:08:19,999  
to find that and I think that that's

184  
00:08:25,779 --> 00:08:23,149  
quite unique so you know Julie by shal

185  
00:08:28,510 --> 00:08:25,789  
in her research there it is remote

186  
00:08:31,269 --> 00:08:28,520  
viewing research there it is after death

187  
00:08:34,180 --> 00:08:31,279  
communication statistics peer-reviewed

188  
00:08:36,819 --> 00:08:34,190

studies referenced you know there it is

189

00:08:40,540 --> 00:08:36,829

so it is this weaving together of these

190

00:08:45,610 --> 00:08:40,550

stories of a medium along with someone

191

00:08:48,370 --> 00:08:45,620

who is trying to make a case for a

192

00:08:49,390 --> 00:08:48,380

deeper scientific understanding of

193

00:08:52,120 --> 00:08:49,400

what's going on

194

00:08:55,680 --> 00:08:52,130

I'm trying to create a bit of a shift in

195

00:08:57,760 --> 00:08:55,690

our perception I don't believe that

196

00:09:00,579 --> 00:08:57,770

materialistic science has got all the

197

00:09:02,620 --> 00:09:00,589

answers and so the scientists and

198

00:09:05,320 --> 00:09:02,630

researchers who are willing to explore

199

00:09:08,410 --> 00:09:05,330

consciousness studies human potential

200

00:09:12,640 --> 00:09:08,420

and the true life experiences of people

201  
00:09:14,890 --> 00:09:12,650  
I'm working with them because I want to

202  
00:09:17,590 --> 00:09:14,900  
support you know I want to understand

203  
00:09:19,900 --> 00:09:17,600  
this myself and even though I'm having

204  
00:09:22,180 --> 00:09:19,910  
an experience that I know is real for me

205  
00:09:23,740 --> 00:09:22,190  
you know sometimes you need to connect

206  
00:09:25,450 --> 00:09:23,750  
with people outside of yourself don't

207  
00:09:27,340 --> 00:09:25,460  
you to see what are they thinking what

208  
00:09:29,230 --> 00:09:27,350  
are they finding you know have I

209  
00:09:30,370 --> 00:09:29,240  
understood this right I'm open to

210  
00:09:37,570 --> 00:09:30,380  
changing my mind

211  
00:09:39,850 --> 00:09:37,580  
you know I I think that's the true

212  
00:09:42,700 --> 00:09:39,860  
scientific process is near that's the

213  
00:09:45,490 --> 00:09:42,710

true word of skeptical is to be able to

214

00:09:48,190 --> 00:09:45,500

say I had that opinion I drew that

215

00:09:50,290 --> 00:09:48,200

conclusion based on my experiences but

216

00:09:53,769 --> 00:09:50,300

hey there's new piece of you know

217

00:09:56,650 --> 00:09:53,779

information is is skewing my viewpoint

218

00:09:59,590 --> 00:09:56,660

now changing my ideas or be flexible

219

00:10:01,090 --> 00:09:59,600

with it and not have to feel like you

220

00:10:02,769 --> 00:10:01,100

know taking a position so I got to

221

00:10:06,610 --> 00:10:02,779

defend it I'm not I don't feel like I

222

00:10:09,610 --> 00:10:06,620

defend any position awesome I love it

223

00:10:14,079 --> 00:10:09,620

so the skeptic coach yep pretty bored

224

00:10:17,949 --> 00:10:14,089

then I put together for you Claire look

225

00:10:22,180 --> 00:10:17,959

at dead faith light and dark the

226

00:10:26,260 --> 00:10:22,190

spiritual path grief skeptics science

227

00:10:29,019 --> 00:10:26,270

time and h-e-bs which you know what that

228

00:10:31,750 --> 00:10:29,029

is but that'll be a mystery one for our

229

00:10:34,030 --> 00:10:31,760

audience if you haven't seen these

230

00:10:35,740 --> 00:10:34,040

sometimes I preview these to guess but

231

00:10:45,250 --> 00:10:35,750

that didn't work out this time so this

232

00:10:47,290 --> 00:10:45,260

is gonna be okay Wow very drawn just

233

00:10:51,130 --> 00:10:47,300

straight away to the spiritual part so

234

00:10:54,490 --> 00:10:51,140

they start where okay well I am drawn to

235

00:10:56,350 --> 00:10:54,500

this spiritual path as well and you know

236

00:11:01,300 --> 00:10:56,360

one of the things that I thought was

237

00:11:05,260 --> 00:11:01,310

just terrific about your book is it

238

00:11:07,510 --> 00:11:05,270

revealed to me your spiritual path

239

00:11:08,980 --> 00:11:07,520

that's what I felt you were revealing to

240

00:11:11,380 --> 00:11:08,990

me and you're upfront about revealing

241

00:11:14,230 --> 00:11:11,390

that but your spiritual path as a

242

00:11:17,440 --> 00:11:14,240

psychic medium as and I say psychic

243

00:11:19,390 --> 00:11:17,450

medium so that I don't want to go over

244

00:11:22,569 --> 00:11:19,400

that old definition you know all mediums

245

00:11:24,340 --> 00:11:22,579

are psychics not all psychics I throw it

246

00:11:26,140 --> 00:11:24,350

out there just so people you know

247

00:11:28,660 --> 00:11:26,150

understand and make that association

248

00:11:31,240 --> 00:11:28,670

with the general term but I'm burying

249

00:11:35,020 --> 00:11:31,250

the lede here it really fascinated me

250

00:11:39,310 --> 00:11:35,030

that this is a spiritual journey for you

251  
00:11:41,380 --> 00:11:39,320  
that happens to include communication

252  
00:11:44,260 --> 00:11:41,390  
with the dead and we might talk about

253  
00:11:48,880 --> 00:11:44,270  
that later so talk about your your

254  
00:11:50,590 --> 00:11:48,890  
spiritual path sure well I mean I guess

255  
00:11:53,560 --> 00:11:50,600  
I have to start at the beginning really

256  
00:11:55,510 --> 00:11:53,570  
so you know you you touched on it in the

257  
00:11:57,970 --> 00:11:55,520  
fact that when I was four years old I

258  
00:11:59,350 --> 00:11:57,980  
was standing in the cemetery with my my

259  
00:12:01,269 --> 00:11:59,360  
mother and my grandmother we were

260  
00:12:05,590 --> 00:12:01,279  
tidying up my grandfather's plot he'd

261  
00:12:08,710 --> 00:12:05,600  
only been dead about a year and and I

262  
00:12:11,530 --> 00:12:08,720  
was just playing as a four-year-old does

263  
00:12:13,300 --> 00:12:11,540

totally in the moment just in that in my

264

00:12:15,819 --> 00:12:13,310

imagination with some stones and some

265

00:12:18,579 --> 00:12:15,829

water and a bar that was there for

266

00:12:21,460 --> 00:12:18,589

people to use and and I felt my

267

00:12:25,090 --> 00:12:21,470

grandfather come around me the

268

00:12:27,819 --> 00:12:25,100

experience as totally overwhelming he

269

00:12:31,890 --> 00:12:27,829

just almost like became me for a moment

270

00:12:34,180 --> 00:12:31,900

I became him and in my child like

271

00:12:37,960 --> 00:12:34,190

inability to logically think about this

272

00:12:39,090 --> 00:12:37,970

I just accepted the experience so fast

273

00:12:42,310 --> 00:12:39,100

forward a little bit

274

00:12:44,890 --> 00:12:42,320

and as I get older and start to realize

275

00:12:48,699 --> 00:12:44,900

hey I don't think we have understood the

276

00:12:51,699 --> 00:12:48,709

world or human experience as well as we

277

00:12:53,530 --> 00:12:51,709

might or consciousness I start to

278

00:12:57,040 --> 00:12:53,540

realize I go back to that moment

279

00:12:59,110 --> 00:12:57,050

whenever I'm doubting having many

280

00:13:01,840 --> 00:12:59,120

psychic experiences and insights and

281

00:13:04,390 --> 00:13:01,850

contact if you like from the deceased as

282

00:13:07,540 --> 00:13:04,400

I get older I go back to that moment

283

00:13:09,490 --> 00:13:07,550

when I fall and I realize that where I

284

00:13:13,449 --> 00:13:09,500

was as a four-year-old was in a state of

285

00:13:14,650 --> 00:13:13,459

complete clear mindedness and open

286

00:13:17,319 --> 00:13:14,660

minded things just

287

00:13:19,389 --> 00:13:17,329

in that moment and it's a beautiful

288

00:13:23,199 --> 00:13:19,399

place it's a place where anything is

289

00:13:23,829 --> 00:13:23,209

possible where I wasn't in a state of

290

00:13:26,860 --> 00:13:23,839

fear

291

00:13:29,280 --> 00:13:26,870

I was just open to life and just being

292

00:13:32,439 --> 00:13:29,290

there experiencing it so for me a

293

00:13:35,110 --> 00:13:32,449

spiritual pathway means getting back to

294

00:13:37,620 --> 00:13:35,120

that space where all's possible and I

295

00:13:42,579 --> 00:13:37,630

can be in touch with a greater reality

296

00:13:44,889 --> 00:13:42,589

and that sounds trite but it's peace you

297

00:13:47,829 --> 00:13:44,899

know it doesn't as much sound trite as

298

00:13:50,170 --> 00:13:47,839

it does sound unique because when we

299

00:13:51,579 --> 00:13:50,180

think about the spiritual path as it's

300

00:13:53,439 --> 00:13:51,589

generally turned we think about

301  
00:13:54,939 --> 00:13:53,449  
religious people first of all because

302  
00:13:56,879 --> 00:13:54,949  
that's what we're told to think about

303  
00:13:59,470 --> 00:13:56,889  
when we think about the spiritual path

304  
00:14:01,420 --> 00:13:59,480  
when I think about spiritual path

305  
00:14:04,329 --> 00:14:01,430  
because it's kind of my thing

306  
00:14:08,259 --> 00:14:04,339  
I mean I've this yoga thing and this

307  
00:14:11,590 --> 00:14:08,269  
non-dual thing has been a big part of my

308  
00:14:14,170 --> 00:14:11,600  
spiritual path you know so but when I

309  
00:14:17,470 --> 00:14:14,180  
look at that I see some real differences

310  
00:14:20,350 --> 00:14:17,480  
between the spiritual path that you know

311  
00:14:23,019 --> 00:14:20,360  
we might find with you know some of the

312  
00:14:25,990 --> 00:14:23,029  
folks I threw up Eckart Tolle or Mickey

313  
00:14:28,509 --> 00:14:26,000

singer Yogananda or neem Karoli Baba

314

00:14:31,929 --> 00:14:28,519

these are all people that are meaningful

315

00:14:34,090 --> 00:14:31,939

to me in terms of a spiritual path but

316

00:14:38,230 --> 00:14:34,100

what I wanted to draw the contrast to is

317

00:14:41,050 --> 00:14:38,240

the spiritual path of this Vedic yogic

318

00:14:42,189 --> 00:14:41,060

kind of Eastern spiritual path a lot of

319

00:14:44,980 --> 00:14:42,199

people are also familiar with the

320

00:14:47,620 --> 00:14:44,990

spiritual path like in Zen or or

321

00:14:49,990 --> 00:14:47,630

Buddhism and all that stuff it's very

322

00:14:51,850 --> 00:14:50,000

much of a different spiritual path than

323

00:14:53,679 --> 00:14:51,860

your spiritual path and I thought that

324

00:14:55,509 --> 00:14:53,689

just might be something interesting to

325

00:14:57,759 --> 00:14:55,519

talk about your spiritual path is

326

00:15:00,970 --> 00:14:57,769

awesome your spiritual path is of

327

00:15:05,230 --> 00:15:00,980

service of service to the spiritual

328

00:15:07,449 --> 00:15:05,240

world but also in service to us here who

329

00:15:09,519 --> 00:15:07,459

are going through us humans are going

330

00:15:11,019 --> 00:15:09,529

through a lot of things but I hear

331

00:15:14,139 --> 00:15:11,029

something different when I hear the

332

00:15:16,170 --> 00:15:14,149

spiritual path as it's a much many times

333

00:15:18,879 --> 00:15:16,180

described in the East as this kind of

334

00:15:21,699 --> 00:15:18,889

removal from self this kind of

335

00:15:24,340 --> 00:15:21,709

realization that there is the greater

336

00:15:25,929 --> 00:15:24,350

and I might want to take a step back or

337

00:15:29,219 --> 00:15:25,939

withdraw a little bit

338

00:15:32,559 --> 00:15:29,229

from my worldly materialistic

339

00:15:35,499 --> 00:15:32,569

involvement so that might be really

340

00:15:37,839 --> 00:15:35,509

specific to me but it's a question

341

00:15:39,339 --> 00:15:37,849

that's been on my mind for a while when

342

00:15:42,789 --> 00:15:39,349

I was wondering if you had any thoughts

343

00:15:46,899 --> 00:15:42,799

on the contrast maybe between that

344

00:15:50,169 --> 00:15:46,909

Eastern spiritual path and the spiritual

345

00:15:52,839 --> 00:15:50,179

path that you're describing yeah I mean

346

00:15:56,379 --> 00:15:52,849

I actually don't know if they are too

347

00:15:58,809 --> 00:15:56,389

different I think that I know that might

348

00:16:01,629 --> 00:15:58,819

sound on the bomb on the front of it

349

00:16:03,460 --> 00:16:01,639

like you know it's not that's impossible

350

00:16:06,999 --> 00:16:03,470

but you know the likes of Eckhart Tolle

351

00:16:09,009 --> 00:16:07,009

for instance and he's huge spiritual

352

00:16:10,899 --> 00:16:09,019

influence in my life too because I

353

00:16:14,319 --> 00:16:10,909

recognize the truth in what he's saying

354

00:16:15,579 --> 00:16:14,329

in about entering into the nail being in

355

00:16:17,559 --> 00:16:15,589

the moment because that's what I'm

356

00:16:21,759 --> 00:16:17,569

saying I experienced with my grand bread

357

00:16:25,329 --> 00:16:21,769

when I was in the moment as a child and

358

00:16:27,489 --> 00:16:25,339

not in my logical thinking brain then I

359

00:16:30,129 --> 00:16:27,499

was open to a transformative experience

360

00:16:31,749 --> 00:16:30,139

and I hear them saying the same thing

361

00:16:34,329 --> 00:16:31,759

I've heard the likes of Barrett saying

362

00:16:37,210 --> 00:16:34,339

he heard a voice say to him resist

363

00:16:39,339 --> 00:16:37,220

nothing when he went into a place of

364

00:16:41,919 --> 00:16:39,349

stillness and surrendered his mind and

365

00:16:45,099 --> 00:16:41,929

mediums that's exactly how they get

366

00:16:47,229 --> 00:16:45,109

trained so the terminology is different

367

00:16:50,019 --> 00:16:47,239

but a medium is taught to sit in the

368

00:16:53,019 --> 00:16:50,029

power same thing you you become still

369

00:16:56,259 --> 00:16:53,029

you learn to feel and sense your own

370

00:16:59,829 --> 00:16:56,269

energy Who am I what do I feel like how

371

00:17:02,859 --> 00:16:59,839

am i emotions you know how's my physical

372

00:17:05,679 --> 00:17:02,869

body feel what is my energy like and

373

00:17:08,409 --> 00:17:05,689

when you understand who you are and how

374

00:17:09,999 --> 00:17:08,419

you feel then as you expand your

375

00:17:12,639 --> 00:17:10,009

awareness or your mind so in the same

376

00:17:17,829 --> 00:17:12,649

way that Yogi's do then you become aware

377

00:17:20,499 --> 00:17:17,839

of a greater reality and I here in the

378

00:17:23,559 --> 00:17:20,509

East the talk in yoga for instance of

379

00:17:25,299 --> 00:17:23,569

opening up the chakras the energy Qi

380

00:17:27,759 --> 00:17:25,309

whatever you want to call it pulling

381

00:17:29,769 --> 00:17:27,769

that energy up and out through you it's

382

00:17:32,019 --> 00:17:29,779

exactly the same in mediumship you're

383

00:17:36,129 --> 00:17:32,029

doing the same thing you're learning to

384

00:17:38,499 --> 00:17:36,139

be in your power draw upon your own

385

00:17:40,120 --> 00:17:38,509

energy expand your energy and awareness

386

00:17:42,700 --> 00:17:40,130

and then somewhere

387

00:17:44,500 --> 00:17:42,710

the mine settles expands to a greater

388

00:17:46,930 --> 00:17:44,510

reality and you sense and feel the

389

00:17:49,840 --> 00:17:46,940

energies of others around you so you

390

00:17:52,630 --> 00:17:49,850

know I I feel like sometimes spiritual

391

00:17:55,420 --> 00:17:52,640

teachers stop there they they're

392

00:17:58,180 --> 00:17:55,430

reticent of describing an afterlife to

393

00:18:00,250 --> 00:17:58,190

say these days you know they see the

394

00:18:02,860 --> 00:18:00,260

power in being able to get people in the

395

00:18:04,960 --> 00:18:02,870

moment and that's enough because we

396

00:18:06,940 --> 00:18:04,970

don't have all the answers for what

397

00:18:09,100 --> 00:18:06,950

happens next but they're all saying the

398

00:18:10,720 --> 00:18:09,110

same thing they're all saying there is

399

00:18:13,240 --> 00:18:10,730

something more something greater than

400

00:18:15,790 --> 00:18:13,250

ourselves some intelligence that goes

401  
00:18:17,710 --> 00:18:15,800  
beyond their own understanding and so I

402  
00:18:20,230 --> 00:18:17,720  
can read lots of the spiritual test

403  
00:18:24,600 --> 00:18:20,240  
texts now going from right across from

404  
00:18:28,570 --> 00:18:24,610  
you know the hermetica to you know

405  
00:18:30,910 --> 00:18:28,580  
Kabbalah to Christianity to Buddhism and

406  
00:18:33,880 --> 00:18:30,920  
I can see the common threads and we'll

407  
00:18:36,490 --> 00:18:33,890  
say it's in the mystical text so I say

408  
00:18:37,930 --> 00:18:36,500  
caballo rather than Jewish and I'm very

409  
00:18:40,420 --> 00:18:37,940  
drawn to the Gnostics rather than the

410  
00:18:42,880 --> 00:18:40,430  
Christians because they're the they're

411  
00:18:45,220 --> 00:18:42,890  
the traditions that actually put people

412  
00:18:48,100 --> 00:18:45,230  
from my perspective actually in touch

413  
00:18:49,450 --> 00:18:48,110

with the spiritual dimensions for

414

00:18:52,210 --> 00:18:49,460

instance what I mean is if you go into a

415

00:18:55,150 --> 00:18:52,220

church as I did a lot when I was a child

416

00:18:58,750 --> 00:18:55,160

you know you get told to pray you know

417

00:19:00,280 --> 00:18:58,760

but you don't get told how you just put

418

00:19:02,410 --> 00:19:00,290

your hands together and you know you

419

00:19:04,390 --> 00:19:02,420

send your thoughts out whereas you know

420

00:19:06,580 --> 00:19:04,400

a lot the old traditions like the

421

00:19:09,820 --> 00:19:06,590

Gnostics and I write about this in the

422

00:19:12,750 --> 00:19:09,830

book actually explain about connecting

423

00:19:15,400 --> 00:19:12,760

with into the afterlife and

424

00:19:17,530 --> 00:19:15,410

communicating and meditation and spirit

425

00:19:19,360 --> 00:19:17,540

contact and it's all in there

426

00:19:21,400 --> 00:19:19,370

there's nothing new here that I'm saying

427

00:19:23,860 --> 00:19:21,410

so to me it's not a contradiction it's

428

00:19:26,320 --> 00:19:23,870

all part of the same does that make

429

00:19:29,950 --> 00:19:26,330

sense it makes great sense

430

00:19:33,040 --> 00:19:29,960

I thought that was a great answer so so

431

00:19:35,560 --> 00:19:33,050

with that let's return to the semantics

432

00:19:41,080 --> 00:19:35,570

Oh jeopardy board Claire where should we

433

00:19:45,640 --> 00:19:41,090

go next okay let's go dead dead

434

00:19:50,230 --> 00:19:45,650

good topic you know that that is the

435

00:19:53,260 --> 00:19:50,240

main focal point of the book what the

436

00:19:53,890 --> 00:19:53,270

dead are dying to teach us and I think

437

00:19:56,140 --> 00:19:53,900

you're

438

00:19:59,380 --> 00:19:56,150

laying around there with the idea but it

439

00:20:01,960 --> 00:19:59,390

does peeve me a little bit when they get

440

00:20:04,210 --> 00:20:01,970

your mediums talk about the dead I think

441

00:20:07,660 --> 00:20:04,220

you do a beautiful job in the book of

442

00:20:11,110 --> 00:20:07,670

talking about that our understanding of

443

00:20:13,570 --> 00:20:11,120

death is flawed from the onset the fact

444

00:20:16,090 --> 00:20:13,580

that we are here and if I already

445

00:20:18,490 --> 00:20:16,100

experienced death by virtue of the fact

446

00:20:22,270 --> 00:20:18,500

that we're talking with people who have

447

00:20:26,530 --> 00:20:22,280

passed then we maybe need to rethink

448

00:20:29,320 --> 00:20:26,540

what we mean by that so that even might

449

00:20:33,130 --> 00:20:29,330

be a great place to start in just in

450

00:20:36,390 --> 00:20:33,140

terms of what you understand dead to be

451  
00:20:39,490 --> 00:20:36,400  
and how you understand it inside of this

452  
00:20:42,700 --> 00:20:39,500  
larger thing that we throw around called

453  
00:20:45,610 --> 00:20:42,710  
consciousness yeah I mean I hate the

454  
00:20:48,100 --> 00:20:45,620  
word dead to me it's redundant it's a

455  
00:20:51,730 --> 00:20:48,110  
dead word dead to me means annihilation

456  
00:20:55,960 --> 00:20:51,740  
and from my personal experiences life is

457  
00:20:57,760 --> 00:20:55,970  
a continuum so when you hear

458  
00:21:00,700 --> 00:20:57,770  
traditionally I suppose mediums talking

459  
00:21:02,050 --> 00:21:00,710  
about their dead they've built an idea

460  
00:21:03,760 --> 00:21:02,060  
in their mind of literally like a

461  
00:21:07,600 --> 00:21:03,770  
heavenly realm where people are living

462  
00:21:10,030 --> 00:21:07,610  
and where we go meet our loved ones and

463  
00:21:12,190 --> 00:21:10,040

I'm not saying it isn't that but I think

464

00:21:13,960 --> 00:21:12,200

it's a whole lot more than that I'm much

465

00:21:17,770 --> 00:21:13,970

more interested in what does that imply

466

00:21:22,540 --> 00:21:17,780

about consciousness and the nature of

467

00:21:25,060 --> 00:21:22,550

reality and what is reality so to me I

468

00:21:27,220 --> 00:21:25,070

mean the play on title what the Dead had

469

00:21:28,630 --> 00:21:27,230

died to teach us is from my experience

470

00:21:31,000 --> 00:21:28,640

of the communications that have happened

471

00:21:34,540 --> 00:21:31,010

over my lifetime the dead don't take

472

00:21:37,660 --> 00:21:34,550

themselves too seriously you know there

473

00:21:40,870 --> 00:21:37,670

there is a message of continued life

474

00:21:42,010 --> 00:21:40,880

they do seem to just be very similar to

475

00:21:44,260 --> 00:21:42,020

how they were before

476

00:21:47,740 --> 00:21:44,270

all right slightly more enlightened with

477

00:21:50,020 --> 00:21:47,750

a bigger viewpoint but you know there it

478

00:21:52,240 --> 00:21:50,030

seems a definite continuation in

479

00:21:54,130 --> 00:21:52,250

awareness consciousness gross

480

00:21:56,710 --> 00:21:54,140

others there's even a more dramatic

481

00:21:59,790 --> 00:21:56,720

shift I think that you take in terms of

482

00:22:03,670 --> 00:21:59,800

perspective there in that our

483

00:22:06,899 --> 00:22:03,680

perspective of were here and this is

484

00:22:09,539 --> 00:22:06,909

solid terra firma and the dead

485

00:22:11,789 --> 00:22:09,549

over there and what we hear continuously

486

00:22:14,039 --> 00:22:11,799

from all sorts of different sources

487

00:22:16,710 --> 00:22:14,049

whether it's near-death experience and

488

00:22:18,899 --> 00:22:16,720

they say I felt like I was arriving home

489

00:22:21,180 --> 00:22:18,909

or whether we hear and after death

490

00:22:22,919 --> 00:22:21,190

communication and they say you know they

491

00:22:24,060 --> 00:22:22,929

kind of talked down to us a little bit

492

00:22:27,239 --> 00:22:24,070

like you know we have to lower our

493

00:22:30,450 --> 00:22:27,249

vibration to get it down to you so this

494

00:22:32,609 --> 00:22:30,460

this whole thing is shifted when we

495

00:22:34,830 --> 00:22:32,619

really start digging into it in a way

496

00:22:36,839 --> 00:22:34,840

that you haven't experiencing it and say

497

00:22:38,279 --> 00:22:36,849

you know that's not really it I mean you

498

00:22:41,430 --> 00:22:38,289

guys are kind of playing in the small

499

00:22:45,180 --> 00:22:41,440

game over here and there's a much bigger

500

00:22:46,919 --> 00:22:45,190

game kind of involved absolutely when I

501  
00:22:50,219 --> 00:22:46,929  
wrote answers from heaven I was quite

502  
00:22:52,680 --> 00:22:50,229  
shocked that physicists contacted me

503  
00:22:54,509 --> 00:22:52,690  
because to me the book is a book of hope

504  
00:22:56,999 --> 00:22:54,519  
for that book and an introduction as I

505  
00:23:00,330 --> 00:22:57,009  
said to the idea of an art alive that's

506  
00:23:02,039 --> 00:23:00,340  
through research so when physicists are

507  
00:23:03,719 --> 00:23:02,049  
contacting me telling me Claire we read

508  
00:23:06,839 --> 00:23:03,729  
your book because we're interested in

509  
00:23:10,830 --> 00:23:06,849  
your perception your ideas here because

510  
00:23:12,989 --> 00:23:10,840  
we know that the universe is holographic

511  
00:23:14,190 --> 00:23:12,999  
in nature multi-dimensional we're trying

512  
00:23:15,119 --> 00:23:14,200  
to set you know what they were telling

513  
00:23:16,710 --> 00:23:15,129

me is they're not interested in

514

00:23:19,649 --> 00:23:16,720

mediumship but we are interested in

515

00:23:22,349 --> 00:23:19,659

reality and I started to realize then

516

00:23:25,619 --> 00:23:22,359

you know I need to change my whole idea

517

00:23:27,269 --> 00:23:25,629

about what spirit is I don't even like

518

00:23:29,639 --> 00:23:27,279

that word I don't know what you word to

519

00:23:33,539 --> 00:23:29,649

use consciousness psyche awareness the

520

00:23:34,830 --> 00:23:33,549

non-physical aspect of me you know

521

00:23:37,109 --> 00:23:34,840

because otherwise I think we can drop

522

00:23:39,779 --> 00:23:37,119

pictures of spirit beings and yes okay

523

00:23:40,859 --> 00:23:39,789

I've seen apparitions but this is

524

00:23:43,409 --> 00:23:40,869

something that could be all my

525

00:23:45,180 --> 00:23:43,419

perspective it could be the mind it

526

00:23:48,899 --> 00:23:45,190

could be consciousness creating reality

527

00:23:50,369 --> 00:23:48,909

you know I'm I'm much more I'm open so I

528

00:23:52,139 --> 00:23:50,379

hope playing with the idea of even what

529

00:23:55,409 --> 00:23:52,149

that means and and I feel it's

530

00:23:58,289 --> 00:23:55,419

dimensional I feel it's it's energetic

531

00:24:00,509 --> 00:23:58,299

in some way just a different frequency

532

00:24:03,299 --> 00:24:00,519

and therefore perhaps the spirit

533

00:24:04,139 --> 00:24:03,309

dimension is just this world just we

534

00:24:05,999 --> 00:24:04,149

can't see it

535

00:24:07,710 --> 00:24:06,009

I mean you know the physical I can only

536

00:24:09,869 --> 00:24:07,720

seen about this in the book at naught

537

00:24:12,330 --> 00:24:09,879

point naught 1% of everything around

538

00:24:14,279 --> 00:24:12,340

this anyway and then we've got dark

539

00:24:15,659 --> 00:24:14,289

matter and then we've got consciousness

540

00:24:17,820 --> 00:24:15,669

that we don't even understand how you

541

00:24:20,520 --> 00:24:17,830

know I'm trying to think okay I don't

542

00:24:23,910 --> 00:24:20,530

want to be a simplistic now is heaven

543

00:24:26,430 --> 00:24:23,920

earth and even hell you know to me it's

544

00:24:29,040 --> 00:24:26,440

too small I'm talking about the nature

545

00:24:32,520 --> 00:24:29,050

of reality and I don't care how I

546

00:24:35,760 --> 00:24:32,530

continue on afterwards you know it I'm

547

00:24:39,030 --> 00:24:35,770

tearing but I'm tearing that something

548

00:24:40,890 --> 00:24:39,040

is continuing afterwards I think that's

549

00:24:45,600 --> 00:24:40,900

wonderful I love the way you bounce

550

00:24:48,900 --> 00:24:45,610

between the uber complex that we can

551  
00:24:51,960 --> 00:24:48,910  
never comprehend and just being upfront

552  
00:24:54,120 --> 00:24:51,970  
about that and even having you know a

553  
00:24:58,050 --> 00:24:54,130  
little spirit guide channeling in the

554  
00:25:00,450 --> 00:24:58,060  
book you're in says give up you're not

555  
00:25:02,550 --> 00:25:00,460  
that's not the goal here is to try and

556  
00:25:04,110 --> 00:25:02,560  
fit it all into some little box of your

557  
00:25:06,570 --> 00:25:04,120  
understanding and believe me you don't

558  
00:25:09,690 --> 00:25:06,580  
have the capability to do it here is

559  
00:25:12,330 --> 00:25:09,700  
kind of a message I'm hearing but at the

560  
00:25:16,380 --> 00:25:12,340  
same time I appreciate that you returned

561  
00:25:18,390 --> 00:25:16,390  
to trying to give us that understanding

562  
00:25:21,030 --> 00:25:18,400  
trying to make the pieces that we do

563  
00:25:23,310 --> 00:25:21,040

have fit together because that is our

564

00:25:25,620 --> 00:25:23,320

human nature too and I guess that would

565

00:25:29,490 --> 00:25:25,630

connect me to one other point that I

566

00:25:33,090 --> 00:25:29,500

wanted to raise about the dead issue and

567

00:25:36,030 --> 00:25:33,100

that is reincarnation because I thought

568

00:25:37,980 --> 00:25:36,040

you did an awesome job of handling that

569

00:25:41,610 --> 00:25:37,990

topic which can be really really

570

00:25:43,890 --> 00:25:41,620

difficult for spiritualism people for

571

00:25:47,280 --> 00:25:43,900

psychic mediums I just had a delightful

572

00:25:49,200 --> 00:25:47,290

woman on Debra diamond written a

573

00:25:51,030 --> 00:25:49,210

terrific book and I really appreciate

574

00:25:53,550 --> 00:25:51,040

the work that she's doing but she

575

00:25:55,380 --> 00:25:53,560

totally stumbles on the reincarnation

576

00:25:56,940 --> 00:25:55,390

thing right I mean she's a very

577

00:25:59,010 --> 00:25:56,950

accomplished meeting we get up to

578

00:26:01,860 --> 00:25:59,020

reincarnation goes well isn't that kind

579

00:26:04,140 --> 00:26:01,870

of a religious thing I got a religious

580

00:26:06,660 --> 00:26:04,150

thing I mean I guess there's a religious

581

00:26:10,950 --> 00:26:06,670

association to it but you know

582

00:26:14,430 --> 00:26:10,960

University of Virginia Ian Stevenson Jim

583

00:26:16,920 --> 00:26:14,440

Tucker peer-reviewed research body marks

584

00:26:19,860 --> 00:26:16,930

on people have died violent deaths and

585

00:26:22,400 --> 00:26:19,870

come back you know the science here does

586

00:26:25,500 --> 00:26:22,410

not suggest this is purely some

587

00:26:28,740 --> 00:26:25,510

quote-unquote religious thing you do an

588

00:26:32,100 --> 00:26:28,750

awesome job in your book of 1 tracing

589

00:26:34,450 --> 00:26:32,110

that there is that kind of preconceived

590

00:26:36,490 --> 00:26:34,460

notion inside of spirit

591

00:26:39,190 --> 00:26:36,500

lism which i found fascinating because

592

00:26:41,170 --> 00:26:39,200

here is another thing where while these

593

00:26:43,390 --> 00:26:41,180

people do have their own dogma

594

00:26:46,600 --> 00:26:43,400

they do have their own ability to have a

595

00:26:48,850 --> 00:26:46,610

blind spot here and you've kind of

596

00:26:50,290 --> 00:26:48,860

pushed through that blind spot and said

597

00:26:53,170 --> 00:26:50,300

yeah you know that is the way I was

598

00:26:56,140 --> 00:26:53,180

trained so I was not open to that and

599

00:26:58,600 --> 00:26:56,150

then I became open to that and here's

600

00:27:01,570 --> 00:26:58,610

what I discovered and it's really quite

601  
00:27:04,240 --> 00:27:01,580  
wonderful so one tell us about your

602  
00:27:08,020 --> 00:27:04,250  
understanding of reincarnation and then

603  
00:27:13,540 --> 00:27:08,030  
how it fits into this larger question of

604  
00:27:16,420 --> 00:27:13,550  
the Dead okay well yes I mean I do

605  
00:27:19,030 --> 00:27:16,430  
understand why it is that spiritualist

606  
00:27:23,140 --> 00:27:19,040  
mediums are bold if you like or or you

607  
00:27:26,850 --> 00:27:23,150  
know traditionally even now are reticent

608  
00:27:29,920 --> 00:27:26,860  
to cover reincarnation it's because

609  
00:27:32,110 --> 00:27:29,930  
traditionally they can't prove it and

610  
00:27:33,940 --> 00:27:32,120  
they we can't prove the iron

611  
00:27:35,560 --> 00:27:33,950  
I don't think yet we're at a position

612  
00:27:37,750 --> 00:27:35,570  
where we've proven the ARBs alive

613  
00:27:40,180 --> 00:27:37,760

scientifically calls me up and otherwise

614

00:27:43,120 --> 00:27:40,190

we'd know it you know so what we're

615

00:27:46,090 --> 00:27:43,130

trying to do as you know is provide some

616

00:27:47,710 --> 00:27:46,100

evidence to suggest there's something

617

00:27:50,020 --> 00:27:47,720

else and of course with reincarnation

618

00:27:52,000 --> 00:27:50,030

that becomes very difficult you can tell

619

00:27:53,770 --> 00:27:52,010

a story you can tell your experiences

620

00:27:56,770 --> 00:27:53,780

but it's very hard to then get

621

00:27:59,440 --> 00:27:56,780

information that can then back up the

622

00:28:01,030 --> 00:27:59,450

possibility so what I mean by that is

623

00:28:02,860 --> 00:28:01,040

you know if you bring a deceased loved

624

00:28:04,690 --> 00:28:02,870

one forward they describe in their

625

00:28:06,550 --> 00:28:04,700

personality they describe in their life

626  
00:28:08,440 --> 00:28:06,560  
and then they tell you something or they

627  
00:28:10,600 --> 00:28:08,450  
tell their relatives something that the

628  
00:28:13,030 --> 00:28:10,610  
relative doesn't know but that you can

629  
00:28:15,100 --> 00:28:13,040  
then go and find out there's this real

630  
00:28:17,110 --> 00:28:15,110  
sort of nugget of wealth how would they

631  
00:28:20,410 --> 00:28:17,120  
know that unless that person was still

632  
00:28:22,270 --> 00:28:20,420  
living in reincarnation there isn't that

633  
00:28:26,620 --> 00:28:22,280  
you're either saying I think you were

634  
00:28:30,520 --> 00:28:26,630  
something before or not though can I can

635  
00:28:32,200 --> 00:28:30,530  
i but in there for a baby and I want to

636  
00:28:33,790 --> 00:28:32,210  
return to this topic that we're talking

637  
00:28:35,440 --> 00:28:33,800  
about with reincarnation but I want to

638  
00:28:37,240 --> 00:28:35,450

return to it in a minute because I want

639

00:28:38,830 --> 00:28:37,250

to switch gears for a minute because

640

00:28:41,200 --> 00:28:38,840

you've talked about something here that

641

00:28:44,920 --> 00:28:41,210

is really important to me and that is

642

00:28:46,930 --> 00:28:44,930

this whole topic of science and what

643

00:28:48,370 --> 00:28:46,940

that means and I'm going to kind of call

644

00:28:50,600 --> 00:28:48,380

you to task

645

00:28:53,570 --> 00:28:50,610

something that you just said because

646

00:28:55,760 --> 00:28:53,580

it's okay for anything and again in your

647

00:28:57,800 --> 00:28:55,770

book you do an awesome job of talking

648

00:29:01,370 --> 00:28:57,810

about all this French air science you

649

00:29:04,630 --> 00:29:01,380

know precognition julia mas bridge you

650

00:29:07,460 --> 00:29:04,640

know and then the mediumship science

651  
00:29:09,470 --> 00:29:07,470  
julie by show who's been honest both

652  
00:29:11,780 --> 00:29:09,480  
those people have been on this show and

653  
00:29:13,070 --> 00:29:11,790  
done a fantastic job gary schwarz i

654  
00:29:14,210 --> 00:29:13,080  
could go on and on but the number of

655  
00:29:15,650 --> 00:29:14,220  
people that you reference in the book

656  
00:29:21,370 --> 00:29:15,660  
who have been on the show and it's

657  
00:29:24,140 --> 00:29:21,380  
fantastic but I think one thing I would

658  
00:29:28,550 --> 00:29:24,150  
disagree with you about in terms of

659  
00:29:30,560 --> 00:29:28,560  
science is we don't have to prove this

660  
00:29:33,680 --> 00:29:30,570  
to science because we have to remember

661  
00:29:37,190 --> 00:29:33,690  
science has completely dropped the ball

662  
00:29:39,590 --> 00:29:37,200  
here they are mentally wrong about

663  
00:29:41,960 --> 00:29:39,600

almost everything because they don't

664

00:29:44,420 --> 00:29:41,970

understand consciousness and they've

665

00:29:46,490 --> 00:29:44,430

driven their foot in the ground and

666

00:29:49,010 --> 00:29:46,500

Takens to her position on consciousness

667

00:29:51,890 --> 00:29:49,020

that essentially says it's a product of

668

00:29:54,440 --> 00:29:51,900

the brain which means let's be clear

669

00:29:57,710 --> 00:29:54,450

it's an illusion and once you get

670

00:30:00,530 --> 00:29:57,720

question a wrong you're not allowed to

671

00:30:02,960 --> 00:30:00,540

move to question BCD but none of them

672

00:30:06,710 --> 00:30:02,970

are going to make any sense and what we

673

00:30:10,010 --> 00:30:06,720

wind up in is where we in in people like

674

00:30:12,800 --> 00:30:10,020

yourself who are in this expanded view

675

00:30:15,670 --> 00:30:12,810

of consciousness are referencing science

676

00:30:21,110 --> 00:30:15,680

that has spent its whole time as a

677

00:30:24,140 --> 00:30:21,120

counterpoint to what this goofy

678

00:30:27,490 --> 00:30:24,150

scientific Creed is when we explain that

679

00:30:31,340 --> 00:30:27,500

for a minute so Julie by shalls' work is

680

00:30:34,070 --> 00:30:31,350

fantastic right so she decided that

681

00:30:36,680 --> 00:30:34,080

there's all this smoke around mediums

682

00:30:38,300 --> 00:30:36,690

and whether mediums are really doing

683

00:30:40,700 --> 00:30:38,310

what they say they're doing and she

684

00:30:43,130 --> 00:30:40,710

sought to test that so she set up this

685

00:30:45,500 --> 00:30:43,140

double-blind triple blind quadruple

686

00:30:47,870 --> 00:30:45,510

blind experiment and she proved that

687

00:30:50,990 --> 00:30:47,880

statistically mediums do return

688

00:30:53,480 --> 00:30:51,000

information that can't be explained by

689

00:30:55,820 --> 00:30:53,490

any other means but that's merely a

690

00:30:57,800 --> 00:30:55,830

counter point to all this skeptical

691

00:31:00,200 --> 00:30:57,810

nonsense that we've had to put up with

692

00:31:01,610 --> 00:31:00,210

for years that says that none of this

693

00:31:04,160 --> 00:31:01,620

could possibly happen

694

00:31:06,380 --> 00:31:04,170

because we have this dorky idea of what

695

00:31:08,390 --> 00:31:06,390

the brain is and now I don't want to

696

00:31:11,270 --> 00:31:08,400

repeat the same thing with reincarnation

697

00:31:14,570 --> 00:31:11,280

no it's not that we can't prove

698

00:31:16,640 --> 00:31:14,580

reincarnation and Stevenson proved it he

699

00:31:19,070 --> 00:31:16,650

proved it in the sense that he shifts

700

00:31:21,140 --> 00:31:19,080

the burden of proof to anyone who says

701  
00:31:22,970 --> 00:31:21,150  
that reincarnation isn't true they've

702  
00:31:25,040 --> 00:31:22,980  
published enough good solid

703  
00:31:29,420 --> 00:31:25,050  
peer-reviewed data that the Occam's

704  
00:31:32,750 --> 00:31:29,430  
razor now cuts on behalf of the reality

705  
00:31:35,030 --> 00:31:32,760  
of reincarnation so I think we have to

706  
00:31:37,700 --> 00:31:35,040  
get out of this rut in the road where we

707  
00:31:39,919 --> 00:31:37,710  
go where we bow down to science and say

708  
00:31:42,860 --> 00:31:39,929  
Oh science you've been wrong so many

709  
00:31:45,650 --> 00:31:42,870  
times but please let me convince you

710  
00:31:47,810 --> 00:31:45,660  
once I'm here that I'm right that's not

711  
00:31:50,030 --> 00:31:47,820  
the game we should be playing the game

712  
00:31:52,340 --> 00:31:50,040  
we should be playing is to say okay you

713  
00:31:54,049 --> 00:31:52,350

guys have been wrong that's okay let's

714

00:31:55,910 --> 00:31:54,059

take your tools let's take your

715

00:31:59,650 --> 00:31:55,920

techniques and let's see if we can

716

00:32:02,900 --> 00:31:59,660

catapult you to the next level of truly

717

00:32:05,870 --> 00:32:02,910

understanding what this means what is

718

00:32:07,040 --> 00:32:05,880

the meaning of reincarnation in terms of

719

00:32:09,970 --> 00:32:07,050

our larger understanding of

720

00:32:12,680 --> 00:32:09,980

consciousness what is the meaning of

721

00:32:14,930 --> 00:32:12,690

after death communication what is the

722

00:32:17,930 --> 00:32:14,940

meaning of mediumship how do all these

723

00:32:20,350 --> 00:32:17,940

pieces fit together but I can't I went

724

00:32:23,570 --> 00:32:20,360

on this huge rant but I just cannot

725

00:32:26,419 --> 00:32:23,580

continue to bow down to these nitwits

726

00:32:29,060 --> 00:32:26,429

who have failed as time and time again

727

00:32:32,690 --> 00:32:29,070

and have failed the first fundamental

728

00:32:35,450 --> 00:32:32,700

question of consciousness is an illusion

729

00:32:37,400 --> 00:32:35,460

they're wrong and there's just we don't

730

00:32:39,890 --> 00:32:37,410

even have to play any games about it

731

00:32:41,840 --> 00:32:39,900

now and I totally agree with you so you

732

00:32:43,610 --> 00:32:41,850

know this is why I in my book I'm

733

00:32:45,260 --> 00:32:43,620

challenged and even the people who are

734

00:32:47,630 --> 00:32:45,270

reading it who a spiritualist because

735

00:32:49,790 --> 00:32:47,640

I'm saying the same thing we have this

736

00:32:51,860 --> 00:32:49,800

idea that we need to make sure that

737

00:32:54,590 --> 00:32:51,870

we're proving everything which I do

738

00:32:56,330 --> 00:32:54,600

still believe is very valuable to the

739

00:32:58,220 --> 00:32:56,340

client sitting in front of me in order

740

00:33:00,350 --> 00:32:58,230

for them to trust that there's something

741

00:33:02,510 --> 00:33:00,360

more it kind of needs and for myself I

742

00:33:06,380 --> 00:33:02,520

needed to see it play out and prove

743

00:33:09,610 --> 00:33:06,390

itself you know there is it is valid to

744

00:33:13,130 --> 00:33:09,620

follow a process of scrutiny and

745

00:33:14,990 --> 00:33:13,140

analyzing and logic it is but I'm

746

00:33:17,090 --> 00:33:15,000

totally on board with what you

747

00:33:19,700 --> 00:33:17,100

saying you know we don't understand

748

00:33:21,770 --> 00:33:19,710

consciousness and therefore even the

749

00:33:24,200 --> 00:33:21,780

Spiritualist needs to be able to own

750

00:33:26,390 --> 00:33:24,210

their experience and say look there is

751

00:33:29,180 --> 00:33:26,400

the science there is the research here

752

00:33:31,610 --> 00:33:29,190

suggesting something else maybe we need

753

00:33:34,400 --> 00:33:31,620

to know own our own experiences and stop

754

00:33:38,900 --> 00:33:34,410

worrying about that you know say well I

755

00:33:41,600 --> 00:33:38,910

am experiencing you know a intelligence

756

00:33:43,610 --> 00:33:41,610

talking about a previous existence or a

757

00:33:45,800 --> 00:33:43,620

simultaneous existence or something

758

00:33:47,270 --> 00:33:45,810

along those lines and stand up for that

759

00:33:49,550 --> 00:33:47,280

that's what I'm trying to do in the book

760

00:33:52,970 --> 00:33:49,560

and with you I'm fed up with it too

761

00:33:54,740 --> 00:33:52,980

well yeah and you do it you know a

762

00:33:57,020 --> 00:33:54,750

wonderful job because we all can't just

763

00:33:59,300 --> 00:33:57,030

be raging against the machine but I just

764

00:34:01,730 --> 00:33:59,310

stood there for a minute and and you're

765

00:34:04,340 --> 00:34:01,740

taking a more level-headed approach I

766

00:34:07,460 --> 00:34:04,350

would just kind of take that one step

767

00:34:10,280 --> 00:34:07,470

further though and I think you and other

768

00:34:12,889 --> 00:34:10,290

people who are doing the kind of really

769

00:34:14,659 --> 00:34:12,899

thoughtful work and not just thoughtful

770

00:34:16,730 --> 00:34:14,669

in that you're in service to other

771

00:34:19,159 --> 00:34:16,740

people but thoughtful in terms of

772

00:34:21,530 --> 00:34:19,169

analyzing trying to figure out and

773

00:34:24,190 --> 00:34:21,540

understand your experience I think you

774

00:34:27,260 --> 00:34:24,200

need to be emboldened to take an even

775

00:34:31,790 --> 00:34:27,270

stronger stance and saying the science

776

00:34:34,280 --> 00:34:31,800

is on my side because science is on your

777

00:34:36,440 --> 00:34:34,290

side and I think we have to stop being

778

00:34:39,440 --> 00:34:36,450

in the defensive position and saying I

779

00:34:42,649 --> 00:34:39,450

don't know why you have a skeptical

780

00:34:45,260 --> 00:34:42,659

lobotomy in your head to the skeptics I

781

00:34:47,030 --> 00:34:45,270

don't know why you believe weird things

782

00:34:50,810 --> 00:34:47,040

and no matter how much evidence is

783

00:34:53,750 --> 00:34:50,820

presented to you you can't overcome your

784

00:34:56,990 --> 00:34:53,760

belief system I don't know but I'm not

785

00:35:00,730 --> 00:34:57,000

going to play that game because the game

786

00:35:04,700 --> 00:35:00,740

is over science is on my side

787

00:35:06,890 --> 00:35:04,710

consciousness is more we are more and

788

00:35:09,410 --> 00:35:06,900

there's this larger picture that we have

789

00:35:10,190 --> 00:35:09,420

to understand so I totally applaud where

790

00:35:12,020 --> 00:35:10,200

you're coming from

791

00:35:16,340 --> 00:35:12,030

and I think that's what I'm trying to

792

00:35:19,510 --> 00:35:16,350

get gently using in the book I'm trying

793

00:35:22,820 --> 00:35:19,520

to educate my readers so that they see

794

00:35:24,950 --> 00:35:22,830

how much science is there I do not

795

00:35:27,470 --> 00:35:24,960

believe once you actually look at the

796

00:35:28,780 --> 00:35:27,480

research in this field and see the

797

00:35:31,300 --> 00:35:28,790

credible

798

00:35:33,160 --> 00:35:31,310

intelligent Minds behind it that you

799

00:35:35,830 --> 00:35:33,170

could possibly come away and say I still

800

00:35:37,810 --> 00:35:35,840

absolutely no there's nothing to me you

801  
00:35:39,670 --> 00:35:37,820  
are you then not read that you've not

802  
00:35:42,700 --> 00:35:39,680  
since we've just dismissed it because

803  
00:35:44,590 --> 00:35:42,710  
it's it's there and it's it's keeping me

804  
00:35:47,800 --> 00:35:44,600  
the courage to stand up and own my

805  
00:35:51,100 --> 00:35:47,810  
truths because you know culturally I'm

806  
00:35:53,080 --> 00:35:51,110  
fed up with you know I was on the radio

807  
00:35:54,520 --> 00:35:53,090  
here in the UK going around the world in

808  
00:35:57,340 --> 00:35:54,530  
the week I've spread out with the first

809  
00:35:59,230 --> 00:35:57,350  
question always being well how can you

810  
00:36:01,330 --> 00:35:59,240  
not prove your fraudulent you know it's

811  
00:36:03,220 --> 00:36:01,340  
the first thing that always comes up and

812  
00:36:06,070 --> 00:36:03,230  
I just want to say Oh God can we just

813  
00:36:08,800 --> 00:36:06,080

get past that ladies you know I'm not

814

00:36:11,200 --> 00:36:08,810

fraudulent that is an easier argument

815

00:36:13,300 --> 00:36:11,210

from that from the cynical point of view

816

00:36:16,630 --> 00:36:13,310

just to ban that out there all diluted

817

00:36:18,940 --> 00:36:16,640

they're all frauds you know and the book

818

00:36:20,230 --> 00:36:18,950

tries to show here and here and here and

819

00:36:21,940 --> 00:36:20,240

here go away and have a look for

820

00:36:26,980 --> 00:36:21,950

yourself and then come back and tell me

821

00:36:28,290 --> 00:36:26,990

that I am deluded I'm not okay very good

822

00:36:31,570 --> 00:36:28,300

well done

823

00:36:34,090 --> 00:36:31,580

Claire I'm gonna bring you back okay the

824

00:36:37,960 --> 00:36:34,100

board where would you like to go next or

825

00:36:42,400 --> 00:36:37,970

some good juicy ones in there light and

826

00:36:44,020 --> 00:36:42,410

dark let's do it this is a tough one I

827

00:36:47,290 --> 00:36:44,030

think it's a tough one for a lot of

828

00:36:49,120 --> 00:36:47,300

people and you know I mentioned to you I

829

00:36:52,420 --> 00:36:49,130

don't know if this got on the air and

830

00:36:55,810 --> 00:36:52,430

the brief chat we had before but this is

831

00:36:57,610 --> 00:36:55,820

a question that has kept coming up for

832

00:36:59,290 --> 00:36:57,620

me through skeptic oh not so much

833

00:37:04,710 --> 00:36:59,300

personally because I've never been

834

00:37:07,510 --> 00:37:04,720

someone who's drawn to the dark but I am

835

00:37:10,990 --> 00:37:07,520

intrigued by the argument that people

836

00:37:13,810 --> 00:37:11,000

make that there's this there is the dark

837

00:37:17,230 --> 00:37:13,820

and everything's gray and maybe we

838

00:37:20,950 --> 00:37:17,240

shouldn't be so all light and love kind

839

00:37:23,680 --> 00:37:20,960

of thing your book really touched me in

840

00:37:24,940 --> 00:37:23,690

my heart but also for me and for a lot

841

00:37:27,610 --> 00:37:24,950

of guys you have to reach me

842

00:37:30,580 --> 00:37:27,620

intellectually in order to get that

843

00:37:32,650 --> 00:37:30,590

heart that's buried in there and I

844

00:37:37,440 --> 00:37:32,660

thought you did an awesome job of

845

00:37:41,250 --> 00:37:37,450

talking about how you can both recognize

846

00:37:44,340 --> 00:37:41,260

the dark acknowledge the dark

847

00:37:46,740 --> 00:37:44,350

and yet understand that the mission is

848

00:37:50,970 --> 00:37:46,750

to transcend that darkness and that

849

00:37:54,390 --> 00:37:50,980

that's kind of okay so where do you want

850

00:37:57,599 --> 00:37:54,400

to start with unraveling this really

851  
00:37:59,070 --> 00:37:57,609  
really big topic well I think the best

852  
00:38:01,020 --> 00:37:59,080  
place to start for people for the

853  
00:38:03,210 --> 00:38:01,030  
everyday person listening to you know

854  
00:38:06,420 --> 00:38:03,220  
who is at least accepting that

855  
00:38:12,120 --> 00:38:06,430  
consciousness is a continuum and that

856  
00:38:14,010 --> 00:38:12,130  
there is dissing Carnot beings maybe I

857  
00:38:16,050 --> 00:38:14,020  
mean what you say but that's you know

858  
00:38:18,120 --> 00:38:16,060  
the best way I can put it out there then

859  
00:38:21,570 --> 00:38:18,130  
the next thing is people start to fear

860  
00:38:25,710 --> 00:38:21,580  
it so I think tackling the fear is the

861  
00:38:29,640 --> 00:38:25,720  
first thing because anytime in this work

862  
00:38:31,859 --> 00:38:29,650  
I tend to think like him I put it back

863  
00:38:34,530 --> 00:38:31,869

to how things are here anytime we bring

864

00:38:37,859 --> 00:38:34,540

fear to what we do in our lives here we

865

00:38:40,050 --> 00:38:37,869

don't have a great experience we pull

866

00:38:42,180 --> 00:38:40,060

ourselves down we become depressed

867

00:38:44,730 --> 00:38:42,190

perhaps we you know if we're anxious

868

00:38:47,300 --> 00:38:44,740

anxiety you know we become absolute

869

00:38:50,220 --> 00:38:47,310

sometimes we can't even move we're

870

00:38:53,400 --> 00:38:50,230

stifled from the anxiety and fear in our

871

00:38:57,840 --> 00:38:53,410

lives and more and more people are and

872

00:39:01,560 --> 00:38:57,850

so really for me the dark is those

873

00:39:04,440 --> 00:39:01,570

emotions that stop us experiencing the

874

00:39:08,070 --> 00:39:04,450

highest expression of ourselves and some

875

00:39:11,849 --> 00:39:08,080

people enjoy that power that they have

876  
00:39:14,940 --> 00:39:11,859  
over somebody else in this world and I

877  
00:39:16,410 --> 00:39:14,950  
believe that in the spiritual dimensions

878  
00:39:19,320 --> 00:39:16,420  
if you want to use it like that

879  
00:39:22,440 --> 00:39:19,330  
the non-physical dimensions there is the

880  
00:39:26,190 --> 00:39:22,450  
same opportunistic intelligence they're

881  
00:39:30,359 --> 00:39:26,200  
seeking power enjoyment fulfillment off

882  
00:39:33,000 --> 00:39:30,369  
of people's lower emotions and I get

883  
00:39:36,900 --> 00:39:33,010  
that and we all get that I think the

884  
00:39:42,290 --> 00:39:36,910  
problem the issue where it gets grey is

885  
00:39:44,760 --> 00:39:42,300  
that you live in the UK and it's gray

886  
00:39:49,080 --> 00:39:44,770  
Aleister Crowley who I just had up on

887  
00:39:50,970 --> 00:39:49,090  
the screen worked for mi6 right he was a

888  
00:39:53,880 --> 00:39:50,980

spy he worked for the government

889

00:39:54,960 --> 00:39:53,890

weak moment us and it's the same thing

890

00:39:57,540 --> 00:39:54,970

you know

891

00:40:00,840 --> 00:39:57,550

whether it's Parsons in the desert along

892

00:40:03,540 --> 00:40:00,850

with Crowley or whether it's you know

893

00:40:07,610 --> 00:40:03,550

the secret society whether it's the pedo

894

00:40:11,880 --> 00:40:07,620

Pope I mean the this idea that that

895

00:40:14,070 --> 00:40:11,890

people are choosing the dark to you know

896

00:40:15,330 --> 00:40:14,080

just dominate someone we get that and we

897

00:40:17,790 --> 00:40:15,340

can all point at that and shame that

898

00:40:20,130 --> 00:40:17,800

what I think is more challenging to

899

00:40:23,310 --> 00:40:20,140

people as they say this is the nature of

900

00:40:25,440 --> 00:40:23,320

things the nature is that we're all

901  
00:40:29,670 --> 00:40:25,450  
going through this world and we're all

902  
00:40:31,380 --> 00:40:29,680  
constantly being balancing the light and

903  
00:40:33,780 --> 00:40:31,390  
the dark and then I think people

904  
00:40:37,200 --> 00:40:33,790  
rightfully go one step further and they

905  
00:40:39,960 --> 00:40:37,210  
say you're so light who-who is all light

906  
00:40:44,600 --> 00:40:39,970  
in love and let's deconstruct them and I

907  
00:40:51,000 --> 00:40:46,380  
not-so-great shadow

908  
00:40:52,770 --> 00:40:51,010  
stuff in that so I agree how do we that

909  
00:40:55,650 --> 00:40:52,780  
that's what I thought your book did is

910  
00:40:59,730 --> 00:40:55,660  
it kind of said yes this is a natural

911  
00:41:01,980 --> 00:40:59,740  
part of all of us but is this our

912  
00:41:04,770 --> 00:41:01,990  
mission what is our mission how does the

913  
00:41:05,460 --> 00:41:04,780

darkness fit in our mission and if you

914

00:41:08,820 --> 00:41:05,470

think

915

00:41:11,760 --> 00:41:08,830

darkness is part of your mission you

916

00:41:13,920 --> 00:41:11,770

give me pause to rethink how I might

917

00:41:16,320 --> 00:41:13,930

understand that do you get where I'm

918

00:41:18,540 --> 00:41:16,330

going with that I do I understand

919

00:41:20,910 --> 00:41:18,550

exactly for me I believe that

920

00:41:24,960 --> 00:41:20,920

consciousness is evolving all the time

921

00:41:26,900 --> 00:41:24,970

and in order to be able to evolve and we

922

00:41:30,030 --> 00:41:26,910

are doing that we are the universe

923

00:41:34,140 --> 00:41:30,040

conscious of itself that we have to

924

00:41:36,720 --> 00:41:34,150

choose or reach upwards towards higher

925

00:41:38,700 --> 00:41:36,730

emotion I don't actually believe I don't

926  
00:41:40,590 --> 00:41:38,710  
believe even Aleister Crowley thought

927  
00:41:43,170 --> 00:41:40,600  
for everything he was doing with pure

928  
00:41:45,390 --> 00:41:43,180  
evil most people are doing something

929  
00:41:47,760 --> 00:41:45,400  
because they feel it's the right course

930  
00:41:51,330 --> 00:41:47,770  
of action you know he was coming about

931  
00:41:53,790 --> 00:41:51,340  
his accurately because his parents he

932  
00:41:56,160 --> 00:41:53,800  
had a great parenting you know complex

933  
00:41:58,920 --> 00:41:56,170  
relationship with his mom he was he was

934  
00:42:00,900 --> 00:41:58,930  
fighting back against control he was

935  
00:42:04,410 --> 00:42:00,910  
prepared he wanted to just be able to do

936  
00:42:08,880 --> 00:42:04,420  
what he wanted you know he wasn't he it

937  
00:42:11,550 --> 00:42:08,890  
was complex and so so and so is

938  
00:42:13,230 --> 00:42:11,560

the evolution of things it isn't so you

939

00:42:14,910 --> 00:42:13,240

know that we suddenly move into a

940

00:42:17,310 --> 00:42:14,920

heavenly state of being and everything

941

00:42:19,080 --> 00:42:17,320

is all wonderful and how boring would

942

00:42:21,000 --> 00:42:19,090

that be I mean I tried to sit in the

943

00:42:24,600 --> 00:42:21,010

cloud plucking an instrument all day

944

00:42:28,260 --> 00:42:24,610

long for eternity you know no that's not

945

00:42:29,340 --> 00:42:28,270

what life is life is both things it's

946

00:42:31,020 --> 00:42:29,350

interesting that so I'm going to go

947

00:42:32,820 --> 00:42:31,030

somewhere you know maybe this is

948

00:42:35,220 --> 00:42:32,830

controversial but somebody said to me

949

00:42:37,320 --> 00:42:35,230

the other day you do believe God is evil

950

00:42:38,850 --> 00:42:37,330

then because I was saying the same thing

951

00:42:41,930 --> 00:42:38,860

I there's light and dark in all of us

952

00:42:45,090 --> 00:42:41,940

it's a choice you know the suffering

953

00:42:47,160 --> 00:42:45,100

helps us grow we have a choice we are

954

00:42:48,840 --> 00:42:47,170

the choose to stay in it or we choose to

955

00:42:50,490 --> 00:42:48,850

move forward from it and whether we do

956

00:42:53,460 --> 00:42:50,500

that in this world or we do it in the

957

00:42:57,060 --> 00:42:53,470

next life you know the choice is ours

958

00:43:00,000 --> 00:42:57,070

and so you know and I have to say that

959

00:43:01,560 --> 00:43:00,010

perhaps if there is a you know universal

960

00:43:03,660 --> 00:43:01,570

consciousness or as someone put it the

961

00:43:07,020 --> 00:43:03,670

other day quantum consciousness then

962

00:43:10,080 --> 00:43:07,030

perhaps it's all of that and we have the

963

00:43:13,770 --> 00:43:10,090

choice to swing between all aspects of

964

00:43:16,560 --> 00:43:13,780

that spectrum and and experience all

965

00:43:20,040 --> 00:43:16,570

levels of it and so therefore when you

966

00:43:24,180 --> 00:43:20,050

stand back you know I know evil exists

967

00:43:25,890 --> 00:43:24,190

I've experienced it but you know can do

968

00:43:27,990 --> 00:43:25,900

I have to get stuck in it though I have

969

00:43:30,030 --> 00:43:28,000

to be identified with it do I have to be

970

00:43:33,150 --> 00:43:30,040

ruled by it do i have to fear it no i

971

00:43:34,620 --> 00:43:33,160

don't i don't and i can move myself away

972

00:43:37,950 --> 00:43:34,630

from it so i write in the book about

973

00:43:40,800 --> 00:43:37,960

intense it's all about intention and

974

00:43:42,690 --> 00:43:40,810

then when you are owning your own power

975

00:43:44,700 --> 00:43:42,700

owning your own mind and your own

976  
00:43:47,940 --> 00:43:44,710  
intention you move away it has no

977  
00:43:50,130 --> 00:43:47,950  
control over you anymore that's awesome

978  
00:43:53,070 --> 00:43:50,140  
you know the way i love it is the way

979  
00:43:56,190 --> 00:43:53,080  
one of my spiritual teachers told me is

980  
00:44:01,980 --> 00:43:56,200  
the secret of the ascent is to always

981  
00:44:03,950 --> 00:44:01,990  
look up so and I love how you kind of

982  
00:44:07,320 --> 00:44:03,960  
brought that home in a way in terms of

983  
00:44:09,480 --> 00:44:07,330  
yes we have to acknowledge the darkness

984  
00:44:13,200 --> 00:44:09,490  
I think you know because otherwise we

985  
00:44:16,760 --> 00:44:13,210  
get caught up in cultish activities for

986  
00:44:20,580 --> 00:44:16,770  
one in one way or we get caught up in

987  
00:44:22,260 --> 00:44:20,590  
kind of being my optic or closed off not

988  
00:44:24,030 --> 00:44:22,270

even open to what other

989

00:44:25,680 --> 00:44:24,040

people are experiencing and suffering

990

00:44:28,590 --> 00:44:25,690

that's another way that we can do that

991

00:44:31,170 --> 00:44:28,600

but what you brought home clearly in

992

00:44:32,790 --> 00:44:31,180

your readings and in your work because

993

00:44:34,590 --> 00:44:32,800

you talked about your work with the

994

00:44:39,270 --> 00:44:34,600

clients and the people that come see you

995

00:44:41,960 --> 00:44:39,280

is that what if it's about raising the

996

00:44:46,400 --> 00:44:41,970

moment that's in front of you and

997

00:44:49,830 --> 00:44:46,410

transforming that moment to a higher

998

00:44:53,130 --> 00:44:49,840

state and that's what came through and I

999

00:44:54,810 --> 00:44:53,140

thought yes what if that is what it's

1000

00:44:57,960 --> 00:44:54,820

about and then doesn't that kind of

1001  
00:45:00,750 --> 00:44:57,970  
universally fit with all this so whether

1002  
00:45:02,790 --> 00:45:00,760  
it's Alistair Crowley or I think the

1003  
00:45:04,290 --> 00:45:02,800  
other image I had up on the screen where

1004  
00:45:07,320 --> 00:45:04,300  
the the Memphis Three

1005  
00:45:09,780 --> 00:45:07,330  
and the satanic panic which wasn't

1006  
00:45:12,180 --> 00:45:09,790  
really a satanic panic but really some

1007  
00:45:14,700 --> 00:45:12,190  
kids that were into satanic practices

1008  
00:45:17,250 --> 00:45:14,710  
for whatever reason what if the whole

1009  
00:45:19,830 --> 00:45:17,260  
thing is about reaching that moment and

1010  
00:45:21,480 --> 00:45:19,840  
then transmuting that moment into

1011  
00:45:23,880 --> 00:45:21,490  
something higher that's what I took away

1012  
00:45:27,690 --> 00:45:23,890  
from your book yeah that's how I see it

1013  
00:45:30,150 --> 00:45:27,700

that is encapsulated it beautifully you

1014

00:45:34,770 --> 00:45:30,160

know II I find that when you look at

1015

00:45:37,050 --> 00:45:34,780

fear power the the dark side

1016

00:45:40,380 --> 00:45:37,060

it disappears because it no longer holds

1017

00:45:44,130 --> 00:45:40,390

power over you and then you can then

1018

00:45:48,510 --> 00:45:44,140

start to reach up to something more

1019

00:45:51,750 --> 00:45:48,520

joyful well you know to me some of my

1020

00:45:54,120 --> 00:45:51,760

darkest moments or my most painful

1021

00:45:58,320 --> 00:45:54,130

experiences and they've always been a

1022

00:46:02,610 --> 00:45:58,330

battle of my mind have led to my most

1023

00:46:05,130 --> 00:46:02,620

empowered choices and Freedoms because

1024

00:46:08,670 --> 00:46:05,140

I've decided that I am not letting my

1025

00:46:12,510 --> 00:46:08,680

life be defined by that it takes a lot

1026  
00:46:14,640 --> 00:46:12,520  
of guts courage and a lot of people get

1027  
00:46:17,430 --> 00:46:14,650  
stuck in not being able to do that but

1028  
00:46:19,590 --> 00:46:17,440  
when you actually face that clear and

1029  
00:46:22,110 --> 00:46:19,600  
with spirit communication there's a lot

1030  
00:46:25,110 --> 00:46:22,120  
of fear around it you realize that that

1031  
00:46:28,680 --> 00:46:25,120  
that no longer holds any power so I have

1032  
00:46:31,320 --> 00:46:28,690  
nothing to fear about it you know I do

1033  
00:46:33,630 --> 00:46:31,330  
believe the dark can like coexist you're

1034  
00:46:35,220 --> 00:46:33,640  
talking about duality you know at one

1035  
00:46:36,089 --> 00:46:35,230  
level of our reality there's definitely

1036  
00:46:38,099 --> 00:46:36,099  
duality

1037  
00:46:40,140 --> 00:46:38,109  
you can look at what's going on in the

1038  
00:46:42,209 --> 00:46:40,150

world now you know and people feel like

1039

00:46:46,170 --> 00:46:42,219

the world's literally you know go into

1040

00:46:48,059 --> 00:46:46,180

the dogs but I'm I'm not the viewpoint

1041

00:46:50,039 --> 00:46:48,069

that then the pendulum swings back the

1042

00:46:52,140 --> 00:46:50,049

other way and once we decide hey that

1043

00:46:54,449 --> 00:46:52,150

hasn't worked we shuffle back the other

1044

00:46:57,120 --> 00:46:54,459

way you know may take a bit of time but

1045

00:47:00,239 --> 00:46:57,130

we do this dance and and as we do that

1046

00:47:03,120 --> 00:47:00,249

we grow we learn we evolve we transcend

1047

00:47:05,430 --> 00:47:03,130

to me that's what it's about into ever

1048

00:47:07,529 --> 00:47:05,440

higher and higher states of being and

1049

00:47:09,539 --> 00:47:07,539

that's what I take from those in the

1050

00:47:12,209 --> 00:47:09,549

spirit who have come from higher states

1051  
00:47:14,420 --> 00:47:12,219  
of awareness they've communicated that

1052  
00:47:17,249 --> 00:47:14,430  
that's what they've done they're

1053  
00:47:20,069 --> 00:47:17,259  
transforming ever higher into higher

1054  
00:47:22,140 --> 00:47:20,079  
states of being into bliss or you know

1055  
00:47:23,880 --> 00:47:22,150  
if we ever get there and even if we do

1056  
00:47:28,079 --> 00:47:23,890  
do we want to stay there I mean that

1057  
00:47:33,469 --> 00:47:28,089  
becomes dull great where should we go

1058  
00:47:36,870 --> 00:47:33,479  
next let's go to hire old beings heads

1059  
00:47:40,170 --> 00:47:36,880  
right so one of the things that you

1060  
00:47:43,319 --> 00:47:40,180  
talked about in the book again you kind

1061  
00:47:45,989 --> 00:47:43,329  
of I feel like you're kind of telling

1062  
00:47:48,239 --> 00:47:45,999  
the medium secrets if you will you know

1063  
00:47:50,009 --> 00:47:48,249

I mean you have so much information out

1064

00:47:52,439 --> 00:47:50,019

there that you won't find other places

1065

00:47:54,749 --> 00:47:52,449

and you don't say that this is

1066

00:47:57,089 --> 00:47:54,759

categorically the only answer it is from

1067

00:47:59,370 --> 00:47:57,099

your experience but I do get the sense

1068

00:48:01,620 --> 00:47:59,380

that you've studied this and thought

1069

00:48:03,749 --> 00:48:01,630

about this and are open minded about

1070

00:48:05,699 --> 00:48:03,759

this because I gotta remember we're

1071

00:48:08,459 --> 00:48:05,709

going to return to reincarnation because

1072

00:48:11,279 --> 00:48:08,469

it is a case in point of where you

1073

00:48:14,370 --> 00:48:11,289

reached this block and then pushed

1074

00:48:17,400 --> 00:48:14,380

through it so let's return to

1075

00:48:19,439 --> 00:48:17,410

reincarnation in a minute but the things

1076

00:48:22,469 --> 00:48:19,449

that you talked about in terms of heb is

1077

00:48:25,799 --> 00:48:22,479

your acronym for higher evolved beings

1078

00:48:27,749 --> 00:48:25,809

but you lay out the whole gamut here you

1079

00:48:30,959 --> 00:48:27,759

know spirits spirit guides ascended

1080

00:48:32,939 --> 00:48:30,969

masters angels God you know you don't

1081

00:48:34,469 --> 00:48:32,949

talk about it specifically but I want to

1082

00:48:37,939 --> 00:48:34,479

add it to the list you know The Hungry

1083

00:48:41,160 --> 00:48:37,949

Ghost you know this spirit entity that

1084

00:48:43,079 --> 00:48:41,170

we understand the evil on this side we

1085

00:48:45,449 --> 00:48:43,089

understand the people who seek darkness

1086

00:48:47,819 --> 00:48:45,459

and seek that state of confusion that

1087

00:48:48,780 --> 00:48:47,829

feeds into their own confusion in their

1088

00:48:52,440 --> 00:48:48,790

own

1089

00:48:54,270 --> 00:48:52,450

the negative energy but we don't

1090

00:48:56,250 --> 00:48:54,280

understand how that can happen on the

1091

00:48:58,950 --> 00:48:56,260

other side and then the trickster is

1092

00:49:01,200 --> 00:48:58,960

even something different that we don't

1093

00:49:04,710 --> 00:49:01,210

understand we understand it again here

1094

00:49:08,010 --> 00:49:04,720

why people kind of deceive in a fun

1095

00:49:10,380 --> 00:49:08,020

playful way that doesn't seem so fun and

1096

00:49:12,660 --> 00:49:10,390

playful but they do so I've kind of

1097

00:49:15,690 --> 00:49:12,670

covered a lot of topics in this category

1098

00:49:19,290 --> 00:49:15,700

here but anywhere you want to start with

1099

00:49:21,090 --> 00:49:19,300

the higher evolved beings to the lower

1100

00:49:24,090 --> 00:49:21,100

evolved beings would be great

1101

00:49:26,580 --> 00:49:24,100

sure I think I think the thing is for me

1102

00:49:28,380 --> 00:49:26,590

I always have to keep coming back to the

1103

00:49:30,030 --> 00:49:28,390

word consciousness which is going to

1104

00:49:31,320 --> 00:49:30,040

become like the word mindfulness the

1105

00:49:37,260 --> 00:49:31,330

problem that we're all just fed up with

1106

00:49:39,320 --> 00:49:37,270

there in that word loses its meaning in

1107

00:49:42,500 --> 00:49:39,330

the end because what is consciousness

1108

00:49:47,430 --> 00:49:42,510

but for me I feel that these are

1109

00:49:50,220 --> 00:49:47,440

archetypal descriptions of different

1110

00:49:52,200 --> 00:49:50,230

levels of awareness that's the way I'm

1111

00:49:55,110 --> 00:49:52,210

going to put it or different states of

1112

00:49:58,020 --> 00:49:55,120

existence or states of being so it seems

1113

00:50:00,450 --> 00:49:58,030

like I talked about in the book spirit

1114

00:50:03,080 --> 00:50:00,460

Guardians and spirit guides so you know

1115

00:50:05,540 --> 00:50:03,090

a spirit guardian seems to be a

1116

00:50:08,640 --> 00:50:05,550

intelligence that has had a physical

1117

00:50:10,470 --> 00:50:08,650

incarnation that has some understanding

1118

00:50:13,200 --> 00:50:10,480

worth like to be in physical form here

1119

00:50:15,780 --> 00:50:13,210

and is wanting to reach out or reach

1120

00:50:17,100 --> 00:50:15,790

back whatever forward whatever way we

1121

00:50:21,840 --> 00:50:17,110

want to look at this whole time thing

1122

00:50:24,300 --> 00:50:21,850

and to help others through experience

1123

00:50:26,250 --> 00:50:24,310

because we all know how good it feels

1124

00:50:28,800 --> 00:50:26,260

when we help someone else it lifts us

1125

00:50:30,060 --> 00:50:28,810

into higher feelings of happiness about

1126

00:50:32,670 --> 00:50:30,070

ourselves they feel good about ourselves

1127

00:50:34,650 --> 00:50:32,680

it's the same thing they're reaching out

1128

00:50:36,750 --> 00:50:34,660

to others here because it makes them

1129

00:50:40,050 --> 00:50:36,760

feel good you know there's a benefit to

1130

00:50:42,180 --> 00:50:40,060

them so guardians are spirit

1131

00:50:44,340 --> 00:50:42,190

intelligences spirit beings who walk

1132

00:50:46,020 --> 00:50:44,350

with us through life and spirit guides

1133

00:50:48,930 --> 00:50:46,030

seem to be teachers that come in at

1134

00:50:51,660 --> 00:50:48,940

certain moments of time when we may need

1135

00:50:53,790 --> 00:50:51,670

them so for instance as a surgeon may

1136

00:50:55,590 --> 00:50:53,800

benefit from receiving some help or

1137

00:50:57,930 --> 00:50:55,600

guidance from spirit side of life but

1138

00:50:59,280 --> 00:50:57,940

they don't need it all the time the help

1139

00:51:02,020 --> 00:50:59,290

is just there for the time they're

1140

00:51:04,240 --> 00:51:02,030

working and then I move on to

1141

00:51:06,040 --> 00:51:04,250

well higher evolved beings you know

1142

00:51:09,730 --> 00:51:06,050

there seems to be I don't believe

1143

00:51:12,490 --> 00:51:09,740

there's a it implies there's a sort of

1144

00:51:14,050 --> 00:51:12,500

hierarchy and I don't believe that's the

1145

00:51:16,660 --> 00:51:14,060

case I just think there are different

1146

00:51:20,530 --> 00:51:16,670

states of being but a higher evolved

1147

00:51:22,420 --> 00:51:20,540

being to me is some intelligence that

1148

00:51:24,160 --> 00:51:22,430

could have been on this world in you

1149

00:51:26,830 --> 00:51:24,170

know in Carnac and this planet or on

1150

00:51:29,920 --> 00:51:26,840

other planets out there let's face it

1151

00:51:33,760 --> 00:51:29,930

it's a big universe multiple universe

1152

00:51:35,410 --> 00:51:33,770

multiple dimensions um and actually what

1153

00:51:38,170 --> 00:51:35,420

is a spirit person they're certainly not

1154

00:51:41,020 --> 00:51:38,180

living on earth so you know they could

1155

00:51:45,220 --> 00:51:41,030

be deemed as a higher evolved being or

1156

00:51:46,360 --> 00:51:45,230

even alien you know extraterrestrial

1157

00:51:50,100 --> 00:51:46,370

however you want to put it they're not

1158

00:51:52,990 --> 00:51:50,110

physical form they're not a human being

1159

00:51:55,180 --> 00:51:53,000

so you know I talk about higher evolved

1160

00:51:56,200 --> 00:51:55,190

beings as other intelligences out there

1161

00:51:58,060 --> 00:51:56,210

in the universe that we don't

1162

00:51:59,980 --> 00:51:58,070

necessarily understand but they do creep

1163

00:52:02,050 --> 00:51:59,990

into mediumship you hear channel is

1164

00:52:04,240 --> 00:52:02,060

talking about them you know they make

1165

00:52:05,770 --> 00:52:04,250

themselves known again if it's frequency

1166

00:52:07,210 --> 00:52:05,780

of communications happening on a

1167

00:52:10,180 --> 00:52:07,220

frequency why not

1168

00:52:13,120 --> 00:52:10,190

same with angels I was I'm not religious

1169

00:52:16,540 --> 00:52:13,130

so I dismissed the idea of angels for

1170

00:52:19,300 --> 00:52:16,550

years why would a being with wings that

1171

00:52:21,670 --> 00:52:19,310

wasn't even physical need wings why

1172

00:52:23,500 --> 00:52:21,680

would it need a halo you know it didn't

1173

00:52:26,430 --> 00:52:23,510

make any sense to me it was a mythical

1174

00:52:30,820 --> 00:52:26,440

creature in amongst the myth of

1175

00:52:34,660 --> 00:52:30,830

mysticism of a spiritual text until it

1176  
00:52:37,840 --> 00:52:34,670  
was I came across a pure being of light

1177  
00:52:40,720 --> 00:52:37,850  
and intelligence that clearly had not

1178  
00:52:44,620 --> 00:52:40,730  
existed in our physical world before you

1179  
00:52:46,660 --> 00:52:44,630  
know so I grapple with it all I don't

1180  
00:52:49,810 --> 00:52:46,670  
just accept it all to me I need to

1181  
00:52:53,200 --> 00:52:49,820  
experience it first but for sure there

1182  
00:52:55,510 --> 00:52:53,210  
are other intelligences and I know that

1183  
00:52:57,460 --> 00:52:55,520  
much and I think it would be arrogant to

1184  
00:52:59,710 --> 00:52:57,470  
just assume that it's only human beings

1185  
00:53:03,040 --> 00:52:59,720  
who are conscious that can exist

1186  
00:53:06,090 --> 00:53:03,050  
you know we're limiting ourselves in my

1187  
00:53:09,100 --> 00:53:06,100  
viewpoint you know even animals go on

1188  
00:53:12,520 --> 00:53:09,110

yeah but that's great and you covered so

1189

00:53:14,410 --> 00:53:12,530

much there I reluctant to even dive in

1190

00:53:17,490 --> 00:53:14,420

deeper because we just keep going and

1191

00:53:22,540 --> 00:53:19,930

is a good one to make sure we cover

1192

00:53:24,910 --> 00:53:22,550

isn't it yeah dude let's do talk about

1193

00:53:27,849 --> 00:53:24,920

the tricksters and I think The Hungry

1194

00:53:32,760 --> 00:53:27,859

Ghost thing is very interesting because

1195

00:53:35,440 --> 00:53:32,770

we we just it further complicates our

1196

00:53:39,670 --> 00:53:35,450

understanding and it raises this fear

1197

00:53:43,000 --> 00:53:39,680

factor again in terms of if that can

1198

00:53:48,190 --> 00:53:43,010

happen in the spiritual realm that seems

1199

00:53:52,180 --> 00:53:48,200

to be so powerful then what what am i

1200

00:53:54,549 --> 00:53:52,190

the mere human well that's where I want

1201  
00:53:56,799 --> 00:53:54,559  
to stop you there Alex you know this is

1202  
00:54:00,549 --> 00:53:56,809  
the whole mission behind what I'm doing

1203  
00:54:01,630 --> 00:54:00,559  
is to change the idea that people hold

1204  
00:54:05,049 --> 00:54:01,640  
about themselves

1205  
00:54:06,880 --> 00:54:05,059  
we're not mere human beings we have

1206  
00:54:10,200 --> 00:54:06,890  
something much more awesome than that

1207  
00:54:13,059 --> 00:54:10,210  
this physical experience this temporary

1208  
00:54:16,990 --> 00:54:13,069  
form that I've taken as you said earlier

1209  
00:54:18,819 --> 00:54:17,000  
isn't even real at the quantum level you

1210  
00:54:20,530 --> 00:54:18,829  
know it's all smoke and mirrors I'm

1211  
00:54:23,170 --> 00:54:20,540  
sitting here now for all I know and

1212  
00:54:25,270 --> 00:54:23,180  
could be ghostly you know I'm told that

1213  
00:54:27,039 --> 00:54:25,280

even though I'm taking this form I'm not

1214

00:54:29,740 --> 00:54:27,049

even really here I'm just potential at

1215

00:54:32,740 --> 00:54:29,750

the quantum level you know so we are

1216

00:54:36,700 --> 00:54:32,750

much more than just mere human beings we

1217

00:54:39,220 --> 00:54:36,710

are there already right now and so why

1218

00:54:40,900 --> 00:54:39,230

would I need to fear something if I'm

1219

00:54:44,079 --> 00:54:40,910

already it I think we give our power

1220

00:54:45,940 --> 00:54:44,089

away even to guides and teachers we give

1221

00:54:48,400 --> 00:54:45,950

our power away we need to understand

1222

00:54:51,190 --> 00:54:48,410

that we are just as valuable and just as

1223

00:54:53,319 --> 00:54:51,200

much a part of everything as they are so

1224

00:54:56,680 --> 00:54:53,329

the tricks of spirits I think comes down

1225

00:54:59,099 --> 00:54:56,690

to the idea that we are no longer

1226

00:55:00,490 --> 00:54:59,109

sensing and being aware of our

1227

00:55:01,890 --> 00:55:00,500

environment anymore

1228

00:55:04,650 --> 00:55:01,900

and they're being opportunity

1229

00:55:07,720 --> 00:55:04,660

opportunistic but I have never

1230

00:55:10,930 --> 00:55:07,730

experienced a trickster spirit I just

1231

00:55:13,270 --> 00:55:10,940

have an experience is not in my as I

1232

00:55:15,099 --> 00:55:13,280

haven't experienced any evil contact

1233

00:55:18,190 --> 00:55:15,109

when spirit I feel the physical world

1234

00:55:20,890 --> 00:55:18,200

much more you know I'm not saying that I

1235

00:55:23,740 --> 00:55:20,900

haven't had some negative experiences I

1236

00:55:26,020 --> 00:55:23,750

have they're few and far between but

1237

00:55:27,670 --> 00:55:26,030

it's really come down to my fear of what

1238

00:55:28,810 --> 00:55:27,680

happened and my interpretation of what

1239

00:55:30,880 --> 00:55:28,820

happened my

1240

00:55:34,150 --> 00:55:30,890

and imagination rather than the reality

1241

00:55:36,820 --> 00:55:34,160

of it beyond your imagination which you

1242

00:55:38,680 --> 00:55:36,830

point out in the book is again and you

1243

00:55:42,670 --> 00:55:38,690

don't hold on to any of these ideas too

1244

00:55:45,250 --> 00:55:42,680

tightly because you're so open to all

1245

00:55:47,700 --> 00:55:45,260

the complexity and as your spirit guide

1246

00:55:49,870 --> 00:55:47,710

says you know whitefeather the the

1247

00:55:51,880 --> 00:55:49,880

unimaginable complexity that you can't

1248

00:55:53,830 --> 00:55:51,890

really wrap your arms around but what

1249

00:55:58,180 --> 00:55:53,840

you do come back to is this idea that

1250

00:56:00,640 --> 00:55:58,190

like drawers like you know and if you we

1251  
00:56:03,670 --> 00:56:00,650  
hear that and and it's it can sound

1252  
00:56:05,470 --> 00:56:03,680  
again it can sound kind of cliché but

1253  
00:56:08,260 --> 00:56:05,480  
you make it more than that when you say

1254  
00:56:11,800 --> 00:56:08,270  
you know really if you're out there and

1255  
00:56:15,460 --> 00:56:11,810  
your intent is to transcend the

1256  
00:56:18,310 --> 00:56:15,470  
negativity then that has a tremendous

1257  
00:56:21,130 --> 00:56:18,320  
power that will lead you towards that

1258  
00:56:23,740 --> 00:56:21,140  
this is what conclusion that's my

1259  
00:56:26,650 --> 00:56:23,750  
experience I used to be so frightened of

1260  
00:56:30,340 --> 00:56:26,660  
all of this and I have found that the

1261  
00:56:33,310 --> 00:56:30,350  
more I own my own self my own mental

1262  
00:56:36,760 --> 00:56:33,320  
well-being my own ideas

1263  
00:56:39,250 --> 00:56:36,770

you know I am happier content I'm flying

1264

00:56:40,450 --> 00:56:39,260

above all of that rubbish it doesn't

1265

00:56:44,050 --> 00:56:40,460

even touch me anymore

1266

00:56:46,330 --> 00:56:44,060

and you know it might sound trite it

1267

00:56:48,310 --> 00:56:46,340

doesn't mean it's not a universal law we

1268

00:56:52,570 --> 00:56:48,320

all understand that like attracts like

1269

00:56:56,140 --> 00:56:52,580

it happens in this world right we

1270

00:57:00,010 --> 00:56:56,150

experience it all the time in so many

1271

00:57:03,040 --> 00:57:00,020

different ways I tell you what before we

1272

00:57:05,350 --> 00:57:03,050

get too short on time because I could

1273

00:57:07,480 --> 00:57:05,360

talk for a long time I could use your

1274

00:57:09,790 --> 00:57:07,490

valuable time and talk for hours because

1275

00:57:12,190 --> 00:57:09,800

people have to pick up this book because

1276

00:57:14,410 --> 00:57:12,200

we're scratching the surface and here is

1277

00:57:16,390 --> 00:57:14,420

somebody who gives answers you're gonna

1278

00:57:18,670 --> 00:57:16,400

have questions you have questions like I

1279

00:57:20,890 --> 00:57:18,680

do I get to talk to Claire and get him

1280

00:57:22,990 --> 00:57:20,900

answered you get to read her book and

1281

00:57:25,660 --> 00:57:23,000

get him answer I did want to return to

1282

00:57:28,480 --> 00:57:25,670

the reincarnation thing and may have to

1283

00:57:30,610 --> 00:57:28,490

tell kind of the more expanded story

1284

00:57:32,680 --> 00:57:30,620

because I thought it was phenomenal in

1285

00:57:34,480 --> 00:57:32,690

the book everything that you talked

1286

00:57:37,270 --> 00:57:34,490

about in terms of your doubts and then

1287

00:57:41,440 --> 00:57:37,280

how those doubts were changed by your

1288

00:57:42,640 --> 00:57:41,450

experience yeah so when I was a child I

1289

00:57:45,960 --> 00:57:42,650

had a dream

1290

00:57:50,140 --> 00:57:45,970

I was about the age of three where I

1291

00:57:52,180 --> 00:57:50,150

could I really experienced a nightmare

1292

00:57:55,029 --> 00:57:52,190

where I was I had my hands tied behind

1293

00:57:56,319 --> 00:57:55,039

my back I was being stoned I could feel

1294

00:57:57,910 --> 00:57:56,329

myself being stoned I could feel the

1295

00:58:00,190 --> 00:57:57,920

searing heat of the Sun I could feel

1296

00:58:02,349 --> 00:58:00,200

sand underneath my feet I have no idea

1297

00:58:05,470 --> 00:58:02,359

where I was other than I certainly

1298

00:58:08,650 --> 00:58:05,480

wasn't in England in the UK and and

1299

00:58:10,839 --> 00:58:08,660

there was a hole in the ground where

1300

00:58:15,190 --> 00:58:10,849

there were snakes I was being pushed

1301

00:58:18,309 --> 00:58:15,200

towards it and I fell into the snake pit

1302

00:58:21,809 --> 00:58:18,319

could feel the snake bite and it was

1303

00:58:24,670 --> 00:58:21,819

like I then emerged from a dark reality

1304

00:58:26,589 --> 00:58:24,680

I don't know how to say it but in the

1305

00:58:30,910 --> 00:58:26,599

dream it's like this fighting system

1306

00:58:34,960 --> 00:58:30,920

merge into into normality and as I woke

1307

00:58:36,670 --> 00:58:34,970

her and and I was saying to my mother at

1308

00:58:38,769 --> 00:58:36,680

the time and she can remember it really

1309

00:58:41,049 --> 00:58:38,779

clearly still she'll back me up on this

1310

00:58:42,339 --> 00:58:41,059

I'm saying I just had a no no I just had

1311

00:58:44,650 --> 00:58:42,349

a bad dream and she sang up the

1312

00:58:46,960 --> 00:58:44,660

nightmare no it wasn't it was we had

1313

00:58:49,150 --> 00:58:46,970

this huge debate because at that age I

1314

00:58:50,049 --> 00:58:49,160

couldn't even didn't even understand the

1315

00:58:53,739 --> 00:58:50,059

name of nightmare

1316

00:58:56,200 --> 00:58:53,749

and but I accepted that as a dream for

1317

00:58:57,999 --> 00:58:56,210

many years until obviously I had the

1318

00:58:59,229 --> 00:58:58,009

experience to look back and start

1319

00:59:02,200 --> 00:58:59,239

questioning what is consciousness

1320

00:59:05,049 --> 00:59:02,210

because I started to realize him in this

1321

00:59:07,089 --> 00:59:05,059

that I was that would have been 1979

1322

00:59:10,390 --> 00:59:07,099

something like that you know there was

1323

00:59:13,870 --> 00:59:10,400

no TV really in the UK there's a few

1324

00:59:15,579 --> 00:59:13,880

hours a day for children I was not old

1325

00:59:17,799 --> 00:59:15,589

enough to be allowed to watch anything

1326

00:59:20,920 --> 00:59:17,809

past the watershed there was no YouTube

1327

00:59:23,799 --> 00:59:20,930

there was no on-demand viewing you know

1328

00:59:26,710 --> 00:59:23,809

my I would not have been exposed to that

1329

00:59:28,690 --> 00:59:26,720

and it started to make me question hang

1330

00:59:31,120 --> 00:59:28,700

on how would I have even known about

1331

00:59:33,460 --> 00:59:31,130

that or had that fear and the thing

1332

00:59:36,579 --> 00:59:33,470

about that dream was it changed my life

1333

00:59:38,979 --> 00:59:36,589

instantly I had an instant fear of

1334

00:59:42,160 --> 00:59:38,989

snakes so it changed my behavior in this

1335

00:59:44,259 --> 00:59:42,170

life straight off the bat then fast

1336

00:59:46,239 --> 00:59:44,269

forward you know as the mediumship

1337

00:59:48,700 --> 00:59:46,249

starts to come into play I spent a good

1338

00:59:50,979 --> 00:59:48,710

10 years developing this by the way so I

1339

00:59:53,349 --> 00:59:50,989

am really racing forward you know I

1340

00:59:56,400 --> 00:59:53,359

start to receive communications and from

1341

00:59:58,690 --> 00:59:56,410

spirit teachers telling me about free

1342

01:00:00,490 --> 00:59:58,700

experiences incarnations I'd had with

1343

01:00:04,810 --> 01:00:00,500

them that's why they're working with me

1344

01:00:07,570 --> 01:00:04,820

and then I go for a reading with a lady

1345

01:00:10,840 --> 01:00:07,580

who's a shamanic healer and aura sensor

1346

01:00:13,600 --> 01:00:10,850

and she starts to tell me about a past

1347

01:00:17,140 --> 01:00:13,610

life that I'd had that she could sense

1348

01:00:20,250 --> 01:00:17,150

that can I'm ever going to one thing in

1349

01:00:22,750 --> 01:00:20,260

the story that I found in yeah okay

1350

01:00:24,790 --> 01:00:22,760

again you cover all this in the book and

1351

01:00:28,600 --> 01:00:24,800

you're trying to you know give us a good

1352

01:00:30,930 --> 01:00:28,610

short summary of it which oh that's okay

1353

01:00:35,440 --> 01:00:30,940

what I found really interesting is you

1354

01:00:37,990 --> 01:00:35,450

are really working at your mediumship

1355

01:00:39,790 --> 01:00:38,000

and you're sitting in circle or sitting

1356

01:00:42,310 --> 01:00:39,800

me trying does it work for you and

1357

01:00:45,610 --> 01:00:42,320

you're doing all this work and you're

1358

01:00:47,470 --> 01:00:45,620

drawn not towards reincarnation because

1359

01:00:49,330 --> 01:00:47,480

like you said you're kind of told well

1360

01:00:52,270 --> 01:00:49,340

don't really look there there's nothing

1361

01:00:55,180 --> 01:00:52,280

for you there so it really comes as kind

1362

01:00:57,700 --> 01:00:55,190

of a surprise that you would even go and

1363

01:00:59,710 --> 01:00:57,710

find this person who does this really

1364

01:01:02,700 --> 01:00:59,720

talk about kind of obscure in these

1365

01:01:06,300 --> 01:01:02,710

realms you know this chakra energy

1366

01:01:10,300 --> 01:01:06,310

healing kind of thing you were skeptical

1367

01:01:11,830 --> 01:01:10,310

going in I thought that was great I am

1368

01:01:13,990 --> 01:01:11,840

and I think actually a lot of the

1369

01:01:15,520 --> 01:01:14,000

mediums that you me any medium will tell

1370

01:01:17,920 --> 01:01:15,530

you there has their skeptical of other

1371

01:01:20,560 --> 01:01:17,930

mediums which we've been we have been

1372

01:01:22,120 --> 01:01:20,570

sold this cultural thing even mediums

1373

01:01:24,370 --> 01:01:22,130

have that we've got to prove everything

1374

01:01:26,110 --> 01:01:24,380

we've got to be a certain level that no

1375

01:01:27,970 --> 01:01:26,120

other medium is good enough that they

1376

01:01:29,740 --> 01:01:27,980

were all frauds out there so we go in

1377

01:01:32,200 --> 01:01:29,750

just like the general public worried

1378

01:01:33,730 --> 01:01:32,210

about oh my god we don't let our guard

1379

01:01:35,920 --> 01:01:33,740

down we don't want to be deluded here

1380

01:01:38,190 --> 01:01:35,930

we've all bought into this ridiculous

1381

01:01:41,080 --> 01:01:38,200

idea that we need to get rid of and

1382

01:01:44,740 --> 01:01:41,090

actually I didn't seek this medium out a

1383

01:01:46,870 --> 01:01:44,750

client said to me you have reached a

1384

01:01:49,270 --> 01:01:46,880

certain level of achievement where you

1385

01:01:50,620 --> 01:01:49,280

need to go and see this medium I'm going

1386

01:01:52,990 --> 01:01:50,630

to pay for you to go and have an

1387

01:01:55,110 --> 01:01:53,000

experience with as you can see the level

1388

01:01:57,880 --> 01:01:55,120

at which you have now achieved and so

1389

01:01:59,860 --> 01:01:57,890

she booked me a session with her and

1390

01:02:02,980 --> 01:01:59,870

that was the revelation that she worked

1391

01:02:07,560 --> 01:02:02,990

so differently and this is Cathy right

1392

01:02:09,550 --> 01:02:07,570

we should mention yes Cathy Mingo so she

1393

01:02:11,590 --> 01:02:09,560

so she yes

1394

01:02:15,580 --> 01:02:11,600

he started to tell me as she put her

1395

01:02:18,880 --> 01:02:15,590

hands over my auric field all about my

1396

01:02:20,320 --> 01:02:18,890

life now health issues I'd had things

1397

01:02:23,230 --> 01:02:20,330

that were going on with me that I

1398

01:02:25,570 --> 01:02:23,240

absolutely were knew were right now that

1399

01:02:27,070 --> 01:02:25,580

I couldn't question and then she started

1400

01:02:30,070 --> 01:02:27,080

to say to me you know you've come here

1401

01:02:33,160 --> 01:02:30,080

to write I'm being shown a past life

1402

01:02:35,080 --> 01:02:33,170

that is back in Samaria the significance

1403

01:02:37,870 --> 01:02:35,090

of it is the Sumerians were one of the

1404

01:02:39,490 --> 01:02:37,880

first people to leave writing and that

1405

01:02:42,400 --> 01:02:39,500

you are being allowed to see this

1406

01:02:45,250 --> 01:02:42,410

because it it ties up with what's going

1407

01:02:48,370 --> 01:02:45,260

on with you now and then she described

1408

01:02:50,740 --> 01:02:48,380

you know a partnership I had in that

1409

01:02:52,300 --> 01:02:50,750

life she described the people around me

1410

01:02:54,070 --> 01:02:52,310

and that life she said to me she didn't

1411

01:02:56,140 --> 01:02:54,080

know me from Adam you must be a medium

1412

01:02:59,110 --> 01:02:56,150

you because you were a seer in that life

1413

01:03:01,000 --> 01:02:59,120

and then she tells me my husband's name

1414

01:03:03,160 --> 01:03:01,010

what my husband does how he's with me in

1415

01:03:05,080 --> 01:03:03,170

this life the people that I'm sitting

1416

01:03:07,600 --> 01:03:05,090

with all what they're doing now their

1417

01:03:12,400 --> 01:03:07,610

jobs and everything and so I'm sorry is

1418

01:03:16,660 --> 01:03:12,410

even more fantastic my trace through it

1419

01:03:21,610 --> 01:03:16,670

well you know it's it's cinema graphic

1420

01:03:26,020 --> 01:03:21,620

it's you are a priestess and a channeler

1421

01:03:29,680 --> 01:03:26,030

or a medium in that community and you

1422

01:03:32,320 --> 01:03:29,690

fall in love with the guard which is the

1423

01:03:35,800 --> 01:03:32,330

male guard of the temple which is

1424

01:03:38,200 --> 01:03:35,810

forbidden and that is the crime that you

1425

01:03:42,010 --> 01:03:38,210

commit that you're killed for I mean

1426

01:03:43,270 --> 01:03:42,020

this stuff laid everything out you know

1427

01:03:46,030 --> 01:03:43,280

if you didn't lay the whole thing out

1428

01:03:48,490 --> 01:03:46,040

say hey you know I'm a medium four years

1429

01:03:50,080 --> 01:03:48,500

old trained forever you know to try and

1430

01:03:52,350 --> 01:03:50,090

develop these gifts and then was

1431

01:03:54,790 --> 01:03:52,360

skeptical and then do this and then

1432

01:04:00,340 --> 01:03:54,800

helsing this you just clash on to that

1433

01:04:01,900 --> 01:04:00,350

story you go come on even belief but I

1434

01:04:06,640 --> 01:04:01,910

came through

1435

01:04:08,590 --> 01:04:06,650

recordings of it and and the thing is I

1436

01:04:11,140 --> 01:04:08,600

was left with she tells me this

1437

01:04:14,950 --> 01:04:11,150

fantastical story that even I am finding

1438

01:04:17,710 --> 01:04:14,960

hard to chew and but marries it up with

1439

01:04:20,200 --> 01:04:17,720

the people in my life now that was the

1440

01:04:21,910 --> 01:04:20,210

key thing so she didn't just tell me all

1441

01:04:22,779 --> 01:04:21,920

you fell in love with the god she tells

1442

01:04:25,059 --> 01:04:22,789

me in your mind

1443

01:04:27,459 --> 01:04:25,069

to the guard now and his name's this and

1444

01:04:29,829 --> 01:04:27,469

his job sis and he looks like this and

1445

01:04:32,079 --> 01:04:29,839

his sporting interests are this and you

1446

01:04:34,659 --> 01:04:32,089

were a seer and a priestess and you sat

1447

01:04:36,579 --> 01:04:34,669

in a triangle and you sit in a triangle

1448

01:04:38,349 --> 01:04:36,589

now and the people that you're with in

1449

01:04:40,689 --> 01:04:38,359

that life you're with here and once a

1450

01:04:42,609 --> 01:04:40,699

scientist and one skipped and you know

1451

01:04:44,739 --> 01:04:42,619

you left with this whole thing of hang

1452

01:04:48,459 --> 01:04:44,749

on a minute you know I can't accept that

1453

01:04:51,640 --> 01:04:48,469

and throw that out now I have to either

1454

01:04:53,949 --> 01:04:51,650

accept it all or I have to say she was

1455

01:04:56,349 --> 01:04:53,959

wrong about my own husband's name and

1456

01:04:58,809 --> 01:04:56,359

his occupation and you know you just

1457

01:05:02,169 --> 01:04:58,819

can't so this is it I I had to surrender

1458

01:05:03,969 --> 01:05:02,179

and my low distal brain that's it that's

1459

01:05:05,140 --> 01:05:03,979

it I have a slide here and we probably

1460

01:05:06,519 --> 01:05:05,150

won't get to because we have other great

1461

01:05:08,890 --> 01:05:06,529

stuff to talk about but that's what I

1462

01:05:10,359 --> 01:05:08,900

mean when I say skeptical lobotomy so if

1463

01:05:12,579 --> 01:05:10,369

you want to just take a skeptical

1464

01:05:15,609 --> 01:05:12,589

lobotomy at that point and say I have to

1465

01:05:17,529 --> 01:05:15,619

shut down here and just believe all

1466

01:05:19,839 --> 01:05:17,539

sorts of crazy stuff and invent some

1467

01:05:21,789 --> 01:05:19,849

other way how all this other stuff can

1468

01:05:23,739 --> 01:05:21,799

be true but I can get hold onto my

1469

01:05:26,109 --> 01:05:23,749

belief system that none of this could

1470

01:05:28,239 --> 01:05:26,119

possibly be true then you go do that but

1471

01:05:30,130 --> 01:05:28,249

you're not really engaged in the

1472

01:05:32,380 --> 01:05:30,140

conversation we don't have to treat you

1473

01:05:34,299 --> 01:05:32,390

like you're on a level playing field we

1474

01:05:36,699 --> 01:05:34,309

can just pat you on the head and send

1475

01:05:38,529 --> 01:05:36,709

you on your way if that's the skeptical

1476

01:05:41,069 --> 01:05:38,539

stance you take because the logical

1477

01:05:46,120 --> 01:05:41,079

stance is exactly what you said which is

1478

01:05:48,219 --> 01:05:46,130

how can I accept the impossibility that

1479

01:05:50,620 --> 01:05:48,229

she would know all those things like you

1480

01:05:53,739 --> 01:05:50,630

said my husband's name but all that

1481

01:05:55,120 --> 01:05:53,749

stuff and then reject the the rest it

1482

01:05:58,059 --> 01:05:55,130

doesn't make sense it doesn't mean that

1483

01:06:00,729 --> 01:05:58,069

you have to bring it in full you know

1484

01:06:03,489 --> 01:06:00,739

all in and completely embrace it and

1485

01:06:06,069 --> 01:06:03,499

then make that the whole point of your

1486

01:06:08,079 --> 01:06:06,079

life because you don't but not as being

1487

01:06:10,149 --> 01:06:08,089

you have to give it give it pause and

1488

01:06:11,919 --> 01:06:10,159

get off that rant a little bit because

1489

01:06:14,469 --> 01:06:11,929

it touches on something that I think is

1490

01:06:17,409 --> 01:06:14,479

important to me in the integrity that

1491

01:06:21,039 --> 01:06:17,419

you bring to this that I see is it that

1492

01:06:23,739 --> 01:06:21,049

caused you to shift your practice and

1493

01:06:26,769 --> 01:06:23,749

how deals with other people and I found

1494

01:06:28,959 --> 01:06:26,779

that fascinating yeah because I had been

1495

01:06:31,809 --> 01:06:28,969

pigeon-holed even in my own training in

1496

01:06:34,899 --> 01:06:31,819

order to reach a high standard of

1497

01:06:36,580 --> 01:06:34,909

ability you know you know the code of

1498

01:06:38,470 --> 01:06:36,590

conduct was strict which I'm very

1499

01:06:40,990 --> 01:06:38,480

be grateful for but there comes a point

1500

01:06:42,430 --> 01:06:41,000

even in that and this is where we get to

1501

01:06:44,560 --> 01:06:42,440

earlier about the whole fact that

1502

01:06:46,300 --> 01:06:44,570

spiritualist stumped them stealth even

1503

01:06:48,430 --> 01:06:46,310

sometimes because they're trying to be

1504

01:06:50,860 --> 01:06:48,440

like you say ticking the boxes of this

1505

01:06:54,340 --> 01:06:50,870

world rather than just letting the

1506

01:06:56,860 --> 01:06:54,350

process unfold I had to just allow my

1507

01:07:00,310 --> 01:06:56,870

own experiences to do the talking who

1508

01:07:02,530 --> 01:07:00,320

was I to say this isn't real and so

1509

01:07:05,290 --> 01:07:02,540

therefore I can't prove it so I'm not

1510

01:07:07,870 --> 01:07:05,300

using you know I had to go with the flow

1511

01:07:10,390 --> 01:07:07,880

and and I found that these higher

1512

01:07:13,480 --> 01:07:10,400

evolved beings and intelligences were

1513

01:07:16,030 --> 01:07:13,490

wanting to communicate to some clients

1514

01:07:17,320 --> 01:07:16,040

some clients need the ground-level stuff

1515

01:07:18,850 --> 01:07:17,330

you know you went to the shop the other

1516

01:07:21,280 --> 01:07:18,860

day but read pair of shoes now than

1517

01:07:23,440 --> 01:07:21,290

others to me that's boring now you know

1518

01:07:24,820 --> 01:07:23,450

are the clients wanted them i level

1519

01:07:27,130 --> 01:07:24,830

stuff the deeper mean is the

1520

01:07:29,860 --> 01:07:27,140

philosophies for some answers like you

1521

01:07:32,500 --> 01:07:29,870

say make sense of this please and so I

1522

01:07:36,010 --> 01:07:32,510

had cut myself off from receiving that

1523

01:07:39,100 --> 01:07:36,020

in an effort to make sure I was credible

1524

01:07:41,050 --> 01:07:39,110

um you know we no one wants to be seen

1525

01:07:42,940 --> 01:07:41,060

as someone who's completely lost the

1526

01:07:47,650 --> 01:07:42,950

plot and not able to think anymore

1527

01:07:50,650 --> 01:07:47,660

you know I was trying to be in this

1528

01:07:53,100 --> 01:07:50,660

world I was boxing myself in and I let

1529

01:07:57,160 --> 01:07:53,110

go of that through that experience yes

1530

01:07:58,630 --> 01:07:57,170

awesome let me pick the next category

1531

01:08:01,030 --> 01:07:58,640

because there's a topic that you

1532

01:08:03,190 --> 01:08:01,040

mentioned that you want to cover and it

1533

01:08:05,230 --> 01:08:03,200

really really is an important topic and

1534

01:08:09,640 --> 01:08:05,240

I'm glad that you brought it up that's

1535

01:08:13,570 --> 01:08:09,650

the topic of grief and again the the way

1536

01:08:16,180 --> 01:08:13,580

I've teed up this slide is much like

1537

01:08:17,860 --> 01:08:16,190

your book you know the data and then the

1538

01:08:20,380 --> 01:08:17,870

experience and I want to interweave

1539

01:08:22,210 --> 01:08:20,390

those together because you mentioned in

1540

01:08:24,070 --> 01:08:22,220

dr. Julie Bachelet the wind bridge

1541

01:08:26,380 --> 01:08:24,080

Institute and we both have a ton of

1542

01:08:27,940 --> 01:08:26,390

respect and love for Julie one of the

1543

01:08:32,130 --> 01:08:27,950

things I thought she did a wonderful job

1544

01:08:34,930 --> 01:08:32,140

of is diving into the grief issue and

1545

01:08:37,150 --> 01:08:34,940

just getting all up in the sciences

1546

01:08:39,220 --> 01:08:37,160

playing field and say okay I'll play by

1547

01:08:41,020 --> 01:08:39,230

your rules you have this thing you've

1548

01:08:43,630 --> 01:08:41,030

labeled out there and you call it grief

1549

01:08:45,280 --> 01:08:43,640

and you say that people suffer from it

1550

01:08:47,950 --> 01:08:45,290

and you've measured it and then you've

1551  
01:08:49,960 --> 01:08:47,960  
measured that how that can be alleviated

1552  
01:08:50,200 --> 01:08:49,970  
in people and you've said we can give

1553  
01:08:56,349 --> 01:08:50,210  
them

1554  
01:08:58,990 --> 01:08:56,359  
but then I came along and showed with

1555  
01:09:01,390 --> 01:08:59,000  
the data with the peer-reviewed research

1556  
01:09:03,729 --> 01:09:01,400  
that I can give them a medium reading

1557  
01:09:06,789 --> 01:09:03,739  
with a good medium and it's more

1558  
01:09:09,010 --> 01:09:06,799  
efficacious than your drugs it's more

1559  
01:09:10,749 --> 01:09:09,020  
efficacious than your talk therapy it's

1560  
01:09:14,260 --> 01:09:10,759  
more efficacious than both of them

1561  
01:09:16,420 --> 01:09:14,270  
combined and that's the data so you've

1562  
01:09:19,749 --> 01:09:16,430  
got to own that data science which of

1563  
01:09:22,660 --> 01:09:19,759

course they don't own and I've we have

1564

01:09:25,269 --> 01:09:22,670

Claire here and what you bring to the

1565

01:09:27,720 --> 01:09:25,279

table is to say I stand on the shoulders

1566

01:09:31,829 --> 01:09:27,730

of all that but I saw also have these

1567

01:09:35,170 --> 01:09:31,839

experiences with people whose lives are

1568

01:09:38,740 --> 01:09:35,180

stuck and there they become transformed

1569

01:09:41,289 --> 01:09:38,750

because I'm able to help them in a way

1570

01:09:43,720 --> 01:09:41,299

that you don't even totally understand a

1571

01:09:46,660 --> 01:09:43,730

lot of times but that seems to be part

1572

01:09:49,660 --> 01:09:46,670

of what you're here to do so do you want

1573

01:09:52,720 --> 01:09:49,670

to talk about the grief thing sure I

1574

01:09:55,209 --> 01:09:52,730

mean I think I'm so into me dr. Julie

1575

01:09:58,360 --> 01:09:55,219

Burchill actually with this in as much

1576

01:10:01,140 --> 01:09:58,370

as her focus her focus is very much on

1577

01:10:05,100 --> 01:10:01,150

the therapeutic quality because

1578

01:10:09,100 --> 01:10:05,110

mediumship for sure in my experience has

1579

01:10:11,800 --> 01:10:09,110

transformative power not my power but it

1580

01:10:14,380 --> 01:10:11,810

has the ability to give a person and

1581

01:10:17,680 --> 01:10:14,390

experience to give them permission to

1582

01:10:20,020 --> 01:10:17,690

move on in their lives so they get a lot

1583

01:10:22,209 --> 01:10:20,030

of people get stuck in griefs they feel

1584

01:10:25,030 --> 01:10:22,219

but a lot of people come see me feel

1585

01:10:26,320 --> 01:10:25,040

that if they move on in their life their

1586

01:10:29,709 --> 01:10:26,330

loved ones will think they've forgotten

1587

01:10:31,630 --> 01:10:29,719

them and what the mediumship shows is

1588

01:10:34,229 --> 01:10:31,640

that know your loved ones are with you

1589

01:10:37,030 --> 01:10:34,239

still they're experiencing your

1590

01:10:39,190 --> 01:10:37,040

experiences as you know we are all

1591

01:10:42,250 --> 01:10:39,200

connected here and that when you are

1592

01:10:45,610 --> 01:10:42,260

happy living a fulfilling life and

1593

01:10:49,180 --> 01:10:45,620

honoring them then you actually give

1594

01:10:51,580 --> 01:10:49,190

them something positive so the

1595

01:10:53,470 --> 01:10:51,590

therapeutic quality of mediumship with

1596

01:10:57,850 --> 01:10:53,480

the information that comes through and

1597

01:10:59,020 --> 01:10:57,860

then the philosophy if you like I'm

1598

01:11:03,100 --> 01:10:59,030

saying that's a more philosophical

1599

01:11:03,939 --> 01:11:03,110

outlook gives them a reason to be able

1600

01:11:06,040 --> 01:11:03,949

to live again

1601

01:11:07,900 --> 01:11:06,050

and you know there is a place for

1602

01:11:10,419 --> 01:11:07,910

counseling I make that clear in the book

1603

01:11:12,430 --> 01:11:10,429

they wrote I'm not a qualified counselor

1604

01:11:15,070 --> 01:11:12,440

I'm not able to deal with the real

1605

01:11:16,300 --> 01:11:15,080

problems of mental health I'm not

1606

01:11:18,130 --> 01:11:16,310

talking about that

1607

01:11:21,280 --> 01:11:18,140

I'm talking about the everyday person

1608

01:11:23,439 --> 01:11:21,290

who is suffering with grief who feels

1609

01:11:25,840 --> 01:11:23,449

that they don't want to move on with

1610

01:11:28,630 --> 01:11:25,850

their life because they are forgetting

1611

01:11:30,850 --> 01:11:28,640

their loved one they suddenly become to

1612

01:11:32,830 --> 01:11:30,860

realize that they don't need to that

1613

01:11:34,479 --> 01:11:32,840

death doesn't end their life I mean

1614

01:11:36,400 --> 01:11:34,489

sorry death ends our life it doesn't end

1615

01:11:38,500 --> 01:11:36,410

a relationship that that relationship

1616

01:11:41,169 --> 01:11:38,510

with a loved one continues on and that

1617

01:11:43,180 --> 01:11:41,179

their job now is to live well and fully

1618

01:11:46,270 --> 01:11:43,190

and I think that's where it has this

1619

01:11:50,169 --> 01:11:46,280

completely transformative quality that

1620

01:11:52,750 --> 01:11:50,179

counseling and medicine doesn't have you

1621

01:11:54,580 --> 01:11:52,760

know maybe we could shift into some

1622

01:11:56,919 --> 01:11:54,590

practical advice here because you do

1623

01:11:58,750 --> 01:11:56,929

offer it in the book but we really need

1624

01:12:00,760 --> 01:11:58,760

to get this out here because no matter

1625

01:12:03,130 --> 01:12:00,770

how many times we think people have

1626  
01:12:05,520 --> 01:12:03,140  
heard this there's people who encounter

1627  
01:12:08,560 --> 01:12:05,530  
this and it hits them for the first time

1628  
01:12:10,689 --> 01:12:08,570  
someone is in that situation what they

1629  
01:12:13,419 --> 01:12:10,699  
say they're piqued their interest is

1630  
01:12:15,340 --> 01:12:13,429  
piqued by what you're saying how do they

1631  
01:12:19,000 --> 01:12:15,350  
go about this how do they go about

1632  
01:12:21,700 --> 01:12:19,010  
making that connection with someone who

1633  
01:12:23,950 --> 01:12:21,710  
might be able to help them and I have to

1634  
01:12:25,780 --> 01:12:23,960  
show it throw in here you know you're

1635  
01:12:27,790 --> 01:12:25,790  
not doing an advertisement for yourself

1636  
01:12:29,950 --> 01:12:27,800  
your book do you miss pants it's hard to

1637  
01:12:32,500 --> 01:12:29,960  
be able to do that because you're you're

1638  
01:12:35,530 --> 01:12:32,510

so fantastically successful and popular

1639

01:12:37,510 --> 01:12:35,540

but in general somebody feels a need to

1640

01:12:41,020 --> 01:12:37,520

do this you have some practical advice

1641

01:12:44,200 --> 01:12:41,030

give us the big picture view of how they

1642

01:12:47,470 --> 01:12:44,210

go about connecting with a medium in

1643

01:12:51,459 --> 01:12:47,480

order to alleviate or try and deal with

1644

01:12:54,310 --> 01:12:51,469

some grief issues sure okay well I there

1645

01:12:56,140 --> 01:12:54,320

are a list about 10 things in attempt

1646

01:12:59,410 --> 01:12:56,150

it's in the book but so the top ones

1647

01:13:03,189 --> 01:12:59,420

that I can think of here first of all

1648

01:13:06,100 --> 01:13:03,199

you know go and see a medium work lots

1649

01:13:07,990 --> 01:13:06,110

of mediums are actually working in front

1650

01:13:10,150 --> 01:13:08,000

of the public for that reason so you

1651  
01:13:12,310 --> 01:13:10,160  
have a chance to go and see them and see

1652  
01:13:14,770 --> 01:13:12,320  
whether you resonate with them you get a

1653  
01:13:17,080 --> 01:13:14,780  
sense their integrity you can see

1654  
01:13:17,680 --> 01:13:17,090  
whether that person is you know Veni I

1655  
01:13:19,630 --> 01:13:17,690  
call

1656  
01:13:22,570 --> 01:13:19,640  
see at all if you can go and see them

1657  
01:13:24,340 --> 01:13:22,580  
work do that otherwise if you check out

1658  
01:13:26,950 --> 01:13:24,350  
its simple things like their website

1659  
01:13:29,770 --> 01:13:26,960  
speak volumes I think where's website

1660  
01:13:31,750 --> 01:13:29,780  
speak volumes about people you can see

1661  
01:13:35,200 --> 01:13:31,760  
testimonials you can see what other

1662  
01:13:39,040 --> 01:13:35,210  
people are saying if that medium is

1663  
01:13:40,689 --> 01:13:39,050

accredited like Julia Julie partials

1664

01:13:43,000 --> 01:13:40,699

Winn bridge Institute mediums and

1665

01:13:44,709 --> 01:13:43,010

forever family foundation mediums in the

1666

01:13:46,660 --> 01:13:44,719

UK we've got the spiritualist National

1667

01:13:48,370 --> 01:13:46,670

Union and the Institute of spiritualist

1668

01:13:50,890 --> 01:13:48,380

mediums and their organisations right

1669

01:13:52,479 --> 01:13:50,900

across the world if the medium has put

1670

01:13:55,840 --> 01:13:52,489

themselves through some level of

1671

01:13:57,310 --> 01:13:55,850

accreditation that also helps I mean it

1672

01:13:58,840 --> 01:13:57,320

doesn't improve their connection with

1673

01:13:59,890 --> 01:13:58,850

the spirit world of the spirit world

1674

01:14:02,410 --> 01:13:59,900

when I work with them they're going to

1675

01:14:04,360 --> 01:14:02,420

anyway but it means that they have I

1676

01:14:06,100 --> 01:14:04,370

feel that person has taken the

1677

01:14:07,780 --> 01:14:06,110

responsibility that they're bearing on

1678

01:14:09,670 --> 01:14:07,790

their shoulders more seriously they want

1679

01:14:13,240 --> 01:14:09,680

to make sure they're working to a good

1680

01:14:15,220 --> 01:14:13,250

code of conduct and also all the one

1681

01:14:17,740 --> 01:14:15,230

thing I want to say here is money is not

1682

01:14:19,900 --> 01:14:17,750

the way to gauge it because there is

1683

01:14:22,120 --> 01:14:19,910

some mediums who don't charge anything

1684

01:14:24,070 --> 01:14:22,130

who do great readings but there are some

1685

01:14:25,540 --> 01:14:24,080

mediums who need to charge because say

1686

01:14:27,670 --> 01:14:25,550

for instance like me I'm fully booked

1687

01:14:30,820 --> 01:14:27,680

for two years normally in advance you

1688

01:14:34,060 --> 01:14:30,830

know the demand is so high I now have to

1689

01:14:35,770 --> 01:14:34,070

pay my bills so I had to charge so it

1690

01:14:37,900 --> 01:14:35,780

doesn't mean my integrity is any less

1691

01:14:39,580 --> 01:14:37,910

than the person who isn't charging it's

1692

01:14:41,290 --> 01:14:39,590

just they've chosen to carry on with

1693

01:14:42,700 --> 01:14:41,300

their own career while they're doing it

1694

01:14:43,030 --> 01:14:42,710

in their spare time they don't need the

1695

01:14:48,820 --> 01:14:43,040

money

1696

01:14:49,240 --> 01:14:48,830

issue of course if you are seeing

1697

01:14:52,840 --> 01:14:49,250

someone

1698

01:14:56,100 --> 01:14:52,850

charging hugely inflated prices and you

1699

01:14:59,260 --> 01:14:56,110

can question their own you know motives

1700

01:15:01,450 --> 01:14:59,270

but that that is not I think a lot of

1701

01:15:03,340 --> 01:15:01,460

people look at that first and for me

1702

01:15:05,530 --> 01:15:03,350

that's that's that's not the most

1703

01:15:08,080 --> 01:15:05,540

important thing it's how they're

1704

01:15:09,430 --> 01:15:08,090

carrying themselves you know the one

1705

01:15:11,470 --> 01:15:09,440

other thing I throw in there just from

1706

01:15:13,870 --> 01:15:11,480

my experience because in exploring this

1707

01:15:16,240 --> 01:15:13,880

on the show I've done a bunch of

1708

01:15:18,479 --> 01:15:16,250

readings as a proxy sitter you know in

1709

01:15:23,140 --> 01:15:18,489

between people to kind of demonstrate

1710

01:15:26,709 --> 01:15:23,150

this amazing phenomenon that is

1711

01:15:30,839 --> 01:15:26,719

mediumship but one of the things that I

1712

01:15:34,109 --> 01:15:30,849

found is that you can kind of take

1713

01:15:37,679 --> 01:15:34,119

scientific approach to this and get a

1714

01:15:40,169 --> 01:15:37,689

lot of personal gain still and let me

1715

01:15:41,459 --> 01:15:40,179

explain what I mean I've found from my

1716

01:15:42,479 --> 01:15:41,469

personal experience and I want you to

1717

01:15:47,669 --> 01:15:42,489

comment on this because you might

1718

01:15:51,029 --> 01:15:47,679

totally disagree but you don't have to

1719

01:15:53,699 --> 01:15:51,039

you can go into a reading saying to the

1720

01:15:56,219 --> 01:15:53,709

medium up front this is what would be

1721

01:15:59,069 --> 01:15:56,229

most value to valuable to me would be

1722

01:16:01,020 --> 01:15:59,079

evidence that there is this connection

1723

01:16:01,679 --> 01:16:01,030

so I don't need a lot of specific

1724

01:16:03,209 --> 01:16:01,689

information

1725

01:16:04,949 --> 01:16:03,219

I just want evidence so therefore I'm

1726

01:16:07,169 --> 01:16:04,959

not going to share much with you I'm

1727

01:16:09,330 --> 01:16:07,179

going to actually share nothing with you

1728

01:16:10,889 --> 01:16:09,340

and I'm not going to that's how I would

1729

01:16:12,569 --> 01:16:10,899

prefer to do this that's how I've

1730

01:16:15,719 --> 01:16:12,579

approached readings with multiple

1731

01:16:17,099 --> 01:16:15,729

mediums that I've done and you'll find

1732

01:16:18,989 --> 01:16:17,109

some mediums to say hey I'm sorry I

1733

01:16:20,369 --> 01:16:18,999

can't work that way but I found other

1734

01:16:20,849 --> 01:16:20,379

mediums you said sure and that's no

1735

01:16:22,439 --> 01:16:20,859

problem

1736

01:16:24,449 --> 01:16:22,449

but at the end of the day what it

1737

01:16:27,330 --> 01:16:24,459

allowed me to do when I'm reflected on

1738

01:16:31,109 --> 01:16:27,340

it to say as you said you know wait a

1739

01:16:33,719 --> 01:16:31,119

minute I gave them nothing and they came

1740

01:16:36,419 --> 01:16:33,729

with this so I didn't have those nagging

1741

01:16:38,369 --> 01:16:36,429

questions of hey you know when I said

1742

01:16:39,779 --> 01:16:38,379

this were they playing off of that were

1743

01:16:45,719 --> 01:16:39,789

they doing some kind of cold reading

1744

01:16:49,979 --> 01:16:45,729

things so I just absolutely oh I don't

1745

01:16:52,739 --> 01:16:49,989

know I I do not want any information and

1746

01:16:55,409 --> 01:16:52,749

I say this in the book don't give any

1747

01:16:59,729 --> 01:16:55,419

details there is a really good reason

1748

01:17:01,709 --> 01:16:59,739

for this it's because mediums are

1749

01:17:03,629 --> 01:17:01,719

conscious we're awake when we're working

1750

01:17:06,599 --> 01:17:03,639

you know we're not falling into some

1751

01:17:08,790 --> 01:17:06,609

deep trance and any information that you

1752

01:17:11,790 --> 01:17:08,800

give upfront gives the mediums brain

1753

01:17:14,069 --> 01:17:11,800

something to chew over there then under

1754

01:17:16,020 --> 01:17:14,079

suggestion even I as a medium do not

1755

01:17:17,849 --> 01:17:16,030

want to be under suggestion I don't want

1756

01:17:20,129 --> 01:17:17,859

my brain actually been in the way I want

1757

01:17:23,399 --> 01:17:20,139

to be still paying attention and just

1758

01:17:26,219 --> 01:17:23,409

receiving what's coming in so I couldn't

1759

01:17:28,739 --> 01:17:26,229

that's absolute way to go about it be

1760

01:17:31,080 --> 01:17:28,749

pleasant for medium you can chat but

1761

01:17:34,020 --> 01:17:31,090

don't give any details all I ask from my

1762

01:17:36,029 --> 01:17:34,030

clients is say yes no can understand

1763

01:17:39,500 --> 01:17:36,039

that don't understand that but give me

1764

01:17:43,080 --> 01:17:39,510

nothing more because I need to be clear

1765

01:17:45,119 --> 01:17:43,090

great that's that's great to hear you

1766

01:17:47,099 --> 01:17:45,129

know like I said we could

1767

01:17:48,629 --> 01:17:47,109

go on and on because you've done such

1768

01:17:50,639 --> 01:17:48,639

terrific work here and you've written

1769

01:17:52,889 --> 01:17:50,649

just a great book that I really do hope

1770

01:17:55,679 --> 01:17:52,899

people check out and if you listen this

1771

01:17:58,799 --> 01:17:55,689

you I don't always say that I think the

1772

01:18:01,560 --> 01:17:58,809

dead are dying to teach us our guest has

1773

01:18:04,080 --> 01:18:01,570

been Claire broad and it's been

1774

01:18:06,929 --> 01:18:04,090

absolutely terrific having you on you

1775

01:18:08,939 --> 01:18:06,939

did say there is a long waiting list for

1776

01:18:10,949 --> 01:18:08,949

people to talk to you but you do have an

1777

01:18:12,750 --> 01:18:10,959

excellent web presence and people can

1778

01:18:16,349 --> 01:18:12,760

check out your your website

1779

01:18:18,810 --> 01:18:16,359

it's Claire broad medium comm correct is

1780

01:18:21,509 --> 01:18:18,820

that it Claire just Claire Broadcom

1781

01:18:25,679 --> 01:18:21,519

Claire broad ekam and how else might

1782

01:18:28,560 --> 01:18:25,689

people connect with you and either see

1783

01:18:31,589 --> 01:18:28,570

you live or do other things to follow

1784

01:18:33,299 --> 01:18:31,599

what's going on with you sure so I

1785

01:18:35,969 --> 01:18:33,309

encourage people to come over to my

1786

01:18:38,909 --> 01:18:35,979

facebook page because there is a lovely

1787

01:18:41,879 --> 01:18:38,919

community there of people who are

1788

01:18:43,949 --> 01:18:41,889

questioning like me and who share their

1789

01:18:45,659 --> 01:18:43,959

own personal experiences and support one

1790

01:18:47,609 --> 01:18:45,669

another so that's a great place to come

1791

01:18:49,709 --> 01:18:47,619

you can see me sharing videos and

1792

01:18:53,099 --> 01:18:49,719

teachings and all sorts of things on

1793

01:18:55,679 --> 01:18:53,109

there as well and I am on Instagram and

1794

01:18:58,889 --> 01:18:55,689

Twitter but Facebook is my main space

1795

01:19:01,619 --> 01:18:58,899

animals so on YouTube sharing videos

1796

01:19:03,479 --> 01:19:01,629

there so I do encourage people to come

1797

01:19:05,489 --> 01:19:03,489

and engage with me and us you know not

1798

01:19:07,049 --> 01:19:05,499

ask me for readings over that social

1799

01:19:10,139 --> 01:19:07,059

media but ask me questions there's two

1800

01:19:12,479 --> 01:19:10,149

over the fat share with each other yes

1801

01:19:13,859 --> 01:19:12,489

the private practice is it's normal for

1802

01:19:16,319 --> 01:19:13,869

it to be booked a couple of years in

1803

01:19:17,879 --> 01:19:16,329

advance I'm inundated with requests for

1804

01:19:21,750 --> 01:19:17,889

readings that's probably not the way to

1805

01:19:24,689 --> 01:19:21,760

go so public demonstrations within the

1806

01:19:26,669 --> 01:19:24,699

UK I'm I'm all over the place in

1807

01:19:29,729 --> 01:19:26,679

spiritualist churches spiritual centers

1808

01:19:31,799 --> 01:19:29,739

I'm trying to you know open that out to

1809

01:19:33,540 --> 01:19:31,809

as many places as I can go but I'm a mom

1810

01:19:35,729 --> 01:19:33,550

we didn't even touch on that so you know

1811

01:19:40,649 --> 01:19:35,739

but it's young family and I'm doing all

1812

01:19:43,020 --> 01:19:40,659

this around a very normal life awesome

1813

01:19:45,959 --> 01:19:43,030

well it's just absolutely terrific work

1814

01:19:48,299 --> 01:19:45,969

and it's answered so many questions for

1815

01:19:51,330 --> 01:19:48,309

me so I thank you so much for joining me

1816

01:19:54,170 --> 01:19:51,340

today Claire and that's the work thank

1817

01:19:55,940 --> 01:19:54,180

you so much Alex it's a pleasure

1818

01:19:58,670 --> 01:19:55,950

again declare broad for joining me today

1819

01:20:01,340 --> 01:19:58,680

on skeptic Oh the one question I guess I

1820

01:20:05,050 --> 01:20:01,350

would tee up from this show what

1821

01:20:07,970 --> 01:20:05,060

questions should science be asking of

1822

01:20:11,330 --> 01:20:07,980

mediumship you know we spent some time

1823

01:20:15,310 --> 01:20:11,340

on this show talking about how dorky

1824

01:20:20,210 --> 01:20:15,320

Sciences inability to keep up with these

1825

01:20:22,940 --> 01:20:20,220

extended consciousness finding /data

1826

01:20:25,150 --> 01:20:22,950

has left them on the outside looking in

1827

01:20:28,280 --> 01:20:25,160

but if we turn that question around what

1828

01:20:31,730 --> 01:20:28,290

could science do how could science

1829

01:20:34,880 --> 01:20:31,740

contribute to this further understanding

1830

01:20:38,000 --> 01:20:34,890

that we might gain from mediums and

1831

01:20:39,800 --> 01:20:38,010

mediumship so if you'd like to weigh in

1832

01:20:42,830 --> 01:20:39,810

on that question I'd love to hear from

1833

01:20:45,890 --> 01:20:42,840

you probably the best place to do it to

1834

01:20:47,690 --> 01:20:45,900

reach me and other skeptical listeners

1835

01:20:49,970 --> 01:20:47,700

and there are many many really smart

1836

01:20:52,610 --> 01:20:49,980

skeptical listeners that do weigh in on

1837

01:20:55,910 --> 01:20:52,620

these topics the best place to connect

1838

01:20:57,980 --> 01:20:55,920

is through the skeptical forum which you

1839

01:21:00,340 --> 01:20:57,990

can find at skeptical forum calm or you

1840

01:21:04,700 --> 01:21:00,350

can find through this sceptical website

1841

01:21:06,350 --> 01:21:04,710

ske P tik Oh while you're there of

1842

01:21:08,630 --> 01:21:06,360

course you can check out all the

1843

01:21:10,970 --> 01:21:08,640

previous shows over 400 of them

1844

01:21:14,210 --> 01:21:10,980

available to listen to from the website

1845

01:21:16,880 --> 01:21:14,220

or download or subscribe through any of

1846

01:21:20,390 --> 01:21:16,890

your favorite players that you might

1847

01:21:24,020 --> 01:21:20,400

have I have a number of really terrific

1848

01:21:26,980 --> 01:21:24,030

shows I'm so excited to bring to you I

1849

01:21:31,310 --> 01:21:26,990

do hope you stick around for all of that

1850

01:21:33,150 --> 01:21:31,320

until next time take care and bye for

